

Welsh Athletics Indoor Senior Championships 2023-24

Leading Competitors from South-West Clubs

F05. Men's Triple Jump

1.	Joel Townley	Gloucester AC	14.34
2.	Aaran Smith	Exeter Harriers	12.05
3.	Darren Thomas	Exeter Harriers	11.61

F06. Women's Shot

1.	Chloe Edwards	City of Plymouth AC	12.33
2.	Grace Povey	South Devon AC	7.03

F08. Men's Pole Vault

1.	Liam Hillier	Yate & District AC	3.69
----	--------------	--------------------	------

F09. Men's Shot

1.	Patrick Swan	Cornwall AC	16.94
2.	Dafydd Pawlett	Yate & District AC	14.19

T11. Men's 60m Hurdles

1.	David King	City of Plymouth AC	7.74
2.	Charlie Staddon	Team Bath AC	8.28

F11. Women's Triple Jump

1.	Pauline Raissa Nguoupou	Gloucester AC	13.08
2.	Lottie Garrett	Yeovil Olympiads AC	11.40
3.	Erlina Ainsworth	Forest of Dean AC	9.18

T01. Women's 1500m

1.	Emily Parker	Poole AC	4.27.45
2.	Annie Testar	Stroud AC	4.38.88
3.	Hannah Taunton	Taunton AC	4.44.54

T02. Men's 1500m

1.	Matthew Brunnock	Western Tempo	3.53.91
----	------------------	---------------	---------

T04. Women's 60m

1.	Khiaa'ama Kofi	Bristol & West AC	7.83	(from semi's)
2.	Stephanie Brooks	Yate & District AC	7.85	(from semi's)
3.	Ella Bowell	Bristol & West AC	7.98	(from semi's)

T05. Men's 60m.

1=.	Joshua Maggs	Bristol & West AC	7.14	(from semi's)
1=.	Theodore Reeve	Yate & District AC	7.14	(from semi's)
3.	Edward Wilson	Yate & District AC	7.15	(from semi's)

(Day 2 Events)

F14. Women's Long Jump

1.	Pauline Raissa Ngouopou	Gloucester AC	5.85
2.	Ella Bowell	Bristol & West AC	5.49
3.	Cerys Lee	Taunton AC	5.47

F16. Men's High Jump

1.	Adam Brooks	Yate & District AC	2.04
2.	Luke Ball	Yate & District AC	2.01
3.	Leon Biaggi	Exeter Harriers	1.83

T21. Women's 800m.

1.	Gemma Tolputt	Wells City Harriers	2.28.12
----	---------------	---------------------	---------

F18. Men's Long Jump

1.	David Hawkins	Gloucester AC	5.39
----	---------------	---------------	------

F21. Women's Pole Vault

1.	Sophie Hornung	Cardiff Met / Yate & District AC	2.76
----	----------------	----------------------------------	------

F22. Women's High Jump

1.	Ruby Donaldson	Yate & District AC	1.63
2.	Lily Bailey	Yate & District AC	1.58
3.	Cerys Lee	Taunton AC	1.58

T07. Women's 400m

1.	Eleanor McIntosh	Bristol & West AC	57.15	(from semi's)
2.	Katie Robbins	Yate & District AC	58.32	(from semi's)
3.	Teresa Iannetelli	Swindon Harriers	61.22	(from semi's)

T08. Men's 400m

1.	Ben Wells	Yate & District AC	49.52	
2.	Nicolas Maczugowski	City of Plymouth AC	51.96	(from semi's)
3.	Joe Wheeler	Tavistock AC	51.62	(from heats)

T09. Men's 800m

1.	Daniel Newman	City of Plymouth AC	2.02.93	(from heats)
2.	Joseph Sandiford	North Somerset aC	2.02.94	(from heats)
3.	Isaac Scott	Swindon Harriers	2.03.66	(from heats)

T17. Women's 200m

1.	Stephanie Brooks	Yate & District AC	25.47	
2.	Jemima Woods	Team Bath AC	27.21	(from semi's)
3.	Grace Povey	South Devon AC	29.87	(from heats)

T16. Men's 200m.

1.	Toby Wright	Taunton AC	23.71	(from heats)
2.	Leon Biaggi	Exeter Harriers	24.08	(from heats)

The full results can be found at <https://wales.opentrack.run/en-gb/x/2024/GBR/wasenandjunind/event/>

Please note that the event does not have South-West Championships status, and no medals will be issued.

If any corrections are needed, please contact john@johndeaton.co.uk , not the organisers.