

### Senior Men Results (inc U20)

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>South West Club</u>	<u>County Tear</u>	<u>Age Gr</u>	<u>Time</u>
1	888	Jack	Millar	Bristol & West AC	Avon	SM	21.42
2	858	Dom	James	Western Tempo	Glos.	SM	21.44
3	725	Johnny	Livingstone	Exeter Harriers	Devon	U20M	21.46
4	746	Oliver	Smart	Tavistock Run Project	Devon	U20M	22.06
5	735	Joe	Ponter	Taunton AC	Somerset	U20M	22.09
6	883	Felix	McGrath	Bristol & West AC	Avon	SM	22.22
7	923	Ben	Robinson	Bristol & West AC	Glos.	SM	22.28
8	864	Owain	Jones	Bristol & West AC	Avon	M40	22.32
9	722	Flynn	Jennings	Bideford AAC	Devon	U20M	22.43
10	829	Samuel	Goodchild	Cornwall AC	Cornwall	SM	22.48
11	954	Andrew	Watt	Bristol & West AC	Avon	SM	22.50
12	775	Simon	Byrne	Swindon Harriers	Wiltshire	SM	22.52
13	709	Sam	Gentry	North Somerset AC	Avon	U20M	22.54
14	902	Dan	Owen	Western Tempo	Glos.	SM	23.08
15	802	Ben	Di Salvo	North Devon AC	Devon	SM	23.11
16	913	Ben	Price	Western Tempo	Glos.	M40	23.12
17	869	Jacob	Landers	Tamar Trotters	Cornwall	SM	23.16
18	960	Dom	Willmore	Poole AC	Dorset	SM	23.19
19	797	Aidan	Daniel	Team Bath AC	Wiltshire	SM	23.23
20	721	Oliver	James	Bournemouth AC	Dorset	U20M	23.27
21	785	Josh	Cole	Bournemouth AC	Dorset	SM	23.31
22	728	Benjy	McCartney	Newquay & Par AC	Cornwall	U20M	23.32
23	898	Ben	Neale	Tavistock AC	Devon	SM	23.33
24	727	Daniel	Maydew	Wells City Harriers	Somerset	U20M	23.33
25	734	Tom	Perry	Exeter Harriers	Devon	U20M	23.33
26	838	Ryan	Hanley	Cornwall AC	Cornwall	SM	23.33
27	837	Jamie	Grose	Poole AC	Dorset	SM	23.38
28	939	Sam	Sommerville	Wells City Harriers	Somerset	SM	23.39
29	718	Tom	Heal	Taunton AC	Somerset	U20M	23.41
30	714	Ben	Harrison	City of Plymouth AC	Cornwall	U20M	23.45
31	774	Luke	Byrne	Swindon Harriers	Wiltshire	SM	23.49
32	892	Joshua	Moody	Bristol & West AC	Avon	SM	23.52
33	821	Simon	Fox	Exeter Harriers	Devon	SM	23.52
34	696	Finley	Ball	North Devon AC	Devon	U20M	23.59
35	874	Patrick	Livingstone	Exeter Harriers	Devon	SM	24.03
36	724	Adam	Leworthy	North Devon AC	Devon	U20M	24.04
37	881	Alexander	McCartney	Newquay & Par AC	Cornwall	SM	24.07
38	708	Jamie	Frost	Erme Valley Harriers	Devon	U20M	24.09
39	884	James	McKibbin	North Devon AC	Devon	SM	24.09
40	891	Shaun	Mochan	Lonely Goat RC	Wiltshire	SM	24.09
41	841	Matthew	Harris	Cambridge University AC	Dorset	SM	24.14
42	790	Otto	Copping	Team Bath AC	Wiltshire	SM	24.15
43	717	Greg	Hayward	Westbury Harriers	Avon	U20M	24.17
44	833	Christian	Green	Wells City Harriers	Somerset	SM	24.18
45	813	Chris	Else	Avon Valley Runners	Wiltshire	SM	24.21
46	816	Marc	Fallows	Western Tempo	Glos.	M40	24.24
47	730	Edward	Mitchell	Cornwall AC	Cornwall	U20M	24.29

48	863	Daniel	Jones	Team Bath AC	Avon	SM	24.32
49	854	Zak	Hurrell	Wells City Harriers	Somerset	SM	24.33
50	905	Michael	Parrott	Running for Time	Somerset	SM	24.36
51	853	Thomas	Humphrey	South West Road Runners	Devon	SM	24.37
52	792	Callum	Crawford	Exeter Harriers	Devon	SM	24.38
53	699	William	Cheek	North Somerset AC	Avon	U20M	24.39
54	738	Sam	Priday	Okehampton RC	Devon	U20M	24.40
55	703	Dylan	Dayman	North Devon AC	Devon	U20M	24.45
56	899	Christopher	Neilson	Bristol & West AC	Avon	SM	24.49
57	778	Tom	Carthey	Falmouth RRC	Cornwall	SM	24.50
58	872	Ben	Lines	Swindon Harriers	Wiltshire	SM	24.52
59	956	Matthew	Wells	Team Bath AC	Avon	M40	24.53
60	927	Joshua	Rowe	Hayle Runners	Cornwall	SM	24.57
61	723	Oscar	Lee	Taunton AC	Somerset	U20M	24.58
62	859	Jon	James	Wells City Harriers	Somerset	M50	24.59
63	819	William	Fielding	Tavistock Run Project		SM	25.09
64	912	Ethan	Pierce	Swindon Harriers	Wiltshire	SM	25.11
65	789	Alexander	Coombs	Wells City Harriers	Somerset	SM	25.12
66	759	Aled	Anderson	Bristol & West AC	Avon	SM	25.13
67	729	Joe	Milton	Avon Valley Runners	Wiltshire	U20M	25.15
68	947	James	Trubridge	Bodmin Dragons Tri Club	Cornwall	M40	25.17
69	906	Ross	Pascoe	Cornwall AC	Cornwall	SM	25.18
70	711	Benjamin	Hamblin	North Somerset AC	Avon	U20M	25.19
71	972	Jim	McConnel	Taunton AC	Somerset	M40	25.21
72	850	Omer	Homer	Swindon Harriers	Wiltshire	SM	25.21
73	749	Rufus	Thomas	Bristol & West AC	Avon	U20M	25.22
74	806	Calum	Duck	Bristol & West AC	Avon	SM	25.26
75	882	Jason	McGinley	Swindon Harriers	Wiltshire	SM	25.27
76	935	Paul	Smith	Cornwall AC	Cornwall	M40	25.28
77	742	Thomas	Reed	Westbury Harriers	Avon	U20M	25.32
78	949	Brian	Underwood	Poole AC	Dorset	M40	25.37
79	933	Joel	Seward	Axe Valley Runners		SM	25.41
80	843	Robbie	Hawkins	Wells City Harriers	Somerset	SM	25.42
81	737	Andrew	Power	Taunton AC	Somerset	U20M	25.43
82	862	Alexander	Jones	Western Tempo	Glos.	SM	25.46
83	747	Josh	Smith	Poole AC	Dorset	U20M	25.48
84	760	Mawgan	Andrew	Taunton AC	Somerset	SM	25.52
85	695	William	Armstrong	Wells City Harriers	Somerset	U20M	25.57
86	697	Cameron	Bryson	Exeter Harriers	Devon	U20M	25.57
87	756	William	Wright	Newquay & Par AC	Cornwall	U20M	26.00
88	839	Luke	Hanson	North Somerset AC	Avon	M40	26.03
89	716	Finlay	Hawkins	Gloucester AC	Glos.	U20M	26.03
90	726	Owen	Lythell	Avon Valley Runners	Wiltshire	U20M	26.07
91	762	Rohan	Archer	Chippenham Harriers	Wiltshire	SM	26.07
92	744	Harry	Sinclair	North Somerset AC	Avon	U20M	26.11
93	929	Chris	Roxburgh	Western Tempo	Wiltshire	SM	26.15
94	920	Jack	Richardson	Clevedon AC	Avon	SM	26.16
95	793	Julian	Critchlow	Purbeck Runners	Dorset	M60	26.18
96	849	Andrew	Holme	City of Salisbury AC & RC	Wiltshire	M40	26.19
97	754	Nathaniel	Willmore	Poole Runners	Dorset	U20M	26.21

98	877	Ian	Luke	Poole Runners	Dorset	M40	26.22
99	713	Fred	Harris	Poole AC	Dorset	U20M	26.24
100	957	Marcus	Albano	Taunton AC	Somerset	M40	26.26
101	776	Peter	Callanan	City of Salisbury AC & RC	Wiltshire	M50	26.29
102	934	David	Smith	Western Tempo		M50	26.30
103	844	James	Heal	Taunton AC	Somerset	M40	26.32
104	773	Ben	Burns	Clevedon AC	Avon	M40	26.35
105	801	Jack	Derrick	Westbury Harriers	Avon	SM	26.40
106	851	Tom	Howourth	Exeter Harriers		SM	26.41
107	803	Simon	Dill	Swindon Harriers	Wiltshire	SM	26.43
108	702	Callum	Day	North Somerset AC	Avon	U20M	26.50
109	701	Luc	Cotineau	Team Bath AC	Wiltshire	U20M	26.57
110	893	Lee	Moran	Axe Valley Runners		M40	26.58
111	740	Oliver	Rawles	Wimborne AC	Dorset	U20M	26.58
112	916	Stephane	Prud'homme	Mendip Triathlon Club	Somerset	M40	27.01
113	873	Steve	Linton	Western Tempo	Glos.	M40	27.05
114	942	Chris	Suter	Avon Valley Runners	Wiltshire	M50	27.13
115	800	Andrew	Deamer	Wells City Harriers	Somerset	M50	27.16
116	964	Steve	Wood	Clevedon AC	Avon	M50	27.17
117	770	Darren	Broady	Western Tempo		SM	27.27
118	772	Matt	Brown	Littledown Harriers	Dorset	SM	27.30
119	732	Jonah	Murray	Clevedon AC	Somerset	U20M	27.32
120	786	Robert	Collier	Axe Valley Runners		M50	27.34
121	748	Morgan	Squire	Newquay & Par AC	Cornwall	U20M	27.47
122	705	Aidan	Dure-Smith	New Forest Junior AC		U20M	27.53
123	908	Alistair	Peers	Tavistock AC		M40	27.57
124	798	Richard	Davidson	City of Salisbury AC & RC	Wiltshire	M40	28.03
125	907	Ewan	Paton	Westbury Harriers	Avon	M50	28.08
126	787	William	Collins	Taunton AC	Somerset	SM	28.13
127	818	Iain	Ferguson	Poole Runners	Dorset	SM	28.23
128	930	Alwyn	Royall	Chippenham Harriers	Wiltshire	M50	28.23
129	845	Martin	Hewlett	Clevedon AC	Somerset	SM	28.35
130	768	Paul	Bonner	Royal Wootton Bassett Houn	Wiltshire	SM	28.44
131	794	Matthew	Crocker	Clevedon AC	Avon	M40	28.48
132	878	Gary	MacAlister	Avon Valley Runners	Wiltshire	M40	28.53
133	868	Tariq	Kurd	Bristol & West AC	Avon	M40	29.14
134	971	Franklyn	Young	Winchester & District AC		M60	29.19
135	857	Chris	James	Western Tempo	Glos.	M50	29.20
136	897	Jerry	Musselwhite	South West Vets AC	Somerset	M60	29.24
137	959	Stephen	Williams	Littledown Harriers	Dorset	M40	29.33
138	846	Ben	Holding	Team Bath AC	Avon	M40	29.38
139	769	Martyn	Breslan	Torbay AAC		M40	29.44
140	698	Rory	Bye	Chippenham Harriers	Wiltshire	U20M	29.45
141	917	Anthony	Raine	Torbay AAC		M50	30.04
142	890	Steven	Mitchell	City of Salisbury AC & RC	Wiltshire	M50	30.35
143	918	Robert	Rawles	Wimborne AC	Dorset	M50	30.52
144	886	Mike	Mewse	Westbury Harriers	Avon	M60	31.00
145	753	Theo	Weaver	Bournemouth AC	Dorset	U20M	31.08
146	865	Mike	Jurd	Wimborne AC	Dorset	M60	31.11
147	855	Tom	Hutchison	Team Bath AC	Avon	M60	31.16

148	970	Philip	York	Wimborne AC	Dorset	M50	31.21
149	879	Kerry	Mapp	Wimborne AC	Dorset	M60	31.42
150	910	Mike	Penrose	City of Plymouth AC		M60	31.55
151	895	Steve	Moss	Team Bath AC	Dorset	M60	32.25
152	796	Arthur	Daley	Gloucester AC	Glos.	M60	32.29
153	847	Dale	Holland	Poole Runners	Dorset	M40	32.37
154	889	Christopher	Miller	Purbeck Runners	Dorset	M60	33.01
155	866	Peter	Kingswell-Farr	Wimborne AC	Dorset	M50	33.10
156	783	Geoff	Cole	Wells City Harriers	Somerset	M50	33.16
157	764	Gordon	Back	North Devon AC		M50	33.50
158	860	Andrew	Jefferies	Avon Valley Runners	Wiltshire	M60	33.57
159	968	Ian	Wright	Cornwall AC	Cornwall	M60	34.12
160	894	Andrew	Moss	North Dorset Tri. Club	Dorset	SM	34.30
161	771	Martin	Brook	Gloucester AC	Glos.	M50	35.15
162	767	Stephen	Blackford	City of Plymouth AC		M60	35.52
163	832	Ian	Graham	Bournemouth AC	Dorset	M60	39.22
164	835	Martin	Grimsdale	Purbeck Runners	Dorset	M60	43.19
165	924	Nick	Roper	Yeovil Town RRC	Somerset	M40	43.36
166	777	Robert	Campbell-Smith	Poole Runners	Dorset	M50	45.45