

South West Championships and Intercounties - 24 07 22

Track Results

300m Hurdles U17 Women

1	84	Jaya	Collinson	Poole AC/Dorset	U17W	52.14
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400m Hurdles U17 Men

1	406	Charlie	Staddon	Team Bath AC/Wiltshire	U17M	57.37
2	270	Nicolas	Maczugowski	City of Plymouth AC/Devon	U17M	58.04
3	83	Tyler	Collins	Poole AC/Dorset	U17M	1:02.75

400m Hurdles Senior Men

1	289	Ben	McIntyre	Swindon Harriers/Gloucestershire	SM	1:00.01
2	345	Chris	Perry	Exeter Harriers/Devon	SM	1:07.36

400m Hurdles U20 & Senior Women

1	235	Sarah	Kearsey	Poole AC/Dorset	SW	1:01.87
2	435	Hanna	Ulvede	Newton Abbot AC/Devon	U20W	1:04.85
3	210	Cicely	Hunt	Yeovil Olympiads AC/Wiltshire	SW	1:06.48
4	42	Stephanie	Brooks	Yate & District AC/Avon	U20W	1:06.87
5	98	Lucy	Crossman	Taunton AC/Somerset	U20W	1:08.92

800m U13 Girls

1	358	Seni	Purnell	Bournemouth AC/Dorset	U13G	2:25.91
2	397	Eleanor	Sheffield	Stroud & District AC	U13G	2:26.32
3	342	Olivia	Paul	Team Bath AC/Wiltshire	U13G	2:27.56
4	6	Evie	Avery	Cheltenham & C Harriers/Gloucester	U13G	2:31.03
5	15	Isla	Bater	North Devon AC/Devon	U13G	2:31.15
6	64	Mairi	Carver Brown	Bristol & West AC/Avon	U13G	2:33.86
7	395	Elsie	Scrase	Swindon Harriers/Wiltshire	U13G	2:36.13
8	288	Cara	Mcgrane	Cornwall AC/Cornwall	U13G	2:37.43
9	153	Layla	Gardiner	Yate & District AC/Wiltshire	U13G	2:41.23

800m U13 Boys

1	96	Charlie	Cox	Marlborough Athletics/Wiltshire	U13B	2:28.43
2	250	Alex	Leak	Swindon Harriers/Wiltshire	U13B	2:29.04

800m U15 Girls

1	390	Holly	Sanigar	Bristol & West AC/Avon	U15G	2:17.45
2	468	Freya	Woodhead	Bideford AAC	U15G	2:17.83
3	146	Eleanor	Foster	North Devon AC/Devon	U15G	2:19.76
4	423	Nancy	Taylor	Poole AC/Dorset	U15G	2:22.51
5	122	Amber	Drake	North Devon AC/Devon	U15G	2:23.38
6	329	Isla	O'Connor	Wimborne AC/Dorset	U15G	2:24.65
7	75	Serena	Clarke	Newquay & Par AC/Cornwall	U15G	2:25.59
8	79	Darcie	Cockburn	Taunton AC/Somerset	U15G	2:30.84
9	430	Isabella	Trowell	Erme Valley Harriers	U15G	2:46.16

800m U15 Boys

1	121	Augustin	Downing	Yate & District AC/Avon	U15B	2:11.62
2	474	Stanley	Wyatt	Team Bath AC/Avon	U15B	2:13.06
3	456	Arthur	Widdows	Swindon Harriers/Wiltshire	U15B	2:18.94

4	126	Jacob	Earle	City of Salisbury A&RC/Wiltshire	U15B	2:23.89
100m U13 Girls Race 1				+2.4 (Manual)	M/S	
1	230	Iris	Jones	Wimborne AC/Dorset	U13G	13.93
2	318	Ella	Nicholls	Swindon Harriers/Wiltshire	U13G	14.21
3	292	Freya	McMeeking	Swindon Harriers/Wiltshire	U13G	14.24
4	441	Lily	Walkey	Yate & District AC/Avon	U13G	14.39
5	99	Eva	Crowe	North Somerset AC/Avon	U13G	14.48
100m U13 Girls Race 2				+1.6 (Manual)	M/S	
1	427	Mia	Thorpe	North Somerset AC/Avon	U13G	14.13
2	59	Zoe	Capel	Exeter Harriers	U13G	14.20
3	336	Olivia	Pachula	Gloucester AC/Gloucestershire	U13G	14.34
4	80	Erin	Cockle	Tavistock AC	U13G	14.45
5	368	Summer	Richards	Yate & District AC	U13G	14.54
100m U13 Girls Race 3				+2.5 (Manual)	M/S	
1	190	Martha	Herringshaw	North Somerset AC/Avon	U13G	13.15
2	45	Emily	Bryant	City of Salisbury A&RC/Wiltshire	U13G	13.34
3	214	Sophia	Ingham	Exeter Harriers/Devon	U13G	13.48
4	400	Frankie	Skelly	Torbay AAC	U13G	13.60
5	56	Amari	Cambridge	Gloucester AC/Gloucestershire	U13G	13.82
6	351	Gabriella	Pitman	Bournemouth AC/Dorset	U13G	13.98
7	108	Madeleine	Davis-Hull	North Devon AC/Devon	U13G	14.27
100m U13 Boys Race 1				+3.0 (Manual)	M/S	
1	224	Aidan	John	Cheltenham & C Harriers/Glouce:	U13B	13.14
2	138	George	Fielder	Taunton AC/Somerset	U13B	13.39
3	444	Oscar	Warren	North Somerset AC/Avon	U13B	13.72
4	97	Elliot	Cox	Swindon Harriers/Wiltshire	U13B	13.78
5	173	Omar	Hammoudeh	City of Plymouth AC/Cornwall	U13B	13.80
100m U13 Boys Race 2				+2.3 (Manual)	M/S	
1	41	Rufus	Brookes	Dorchester AC/Dorset	U13B	12.68
2	104	Kevin	Dapaah	Poole Runners	U13B	12.92
3	149	Zachary	Fricker	Wimborne AC/Dorset	U13B	13.04
4	371	Stanley	Ridout	Yeovil Olympiads AC	U13B	13.31
5	436	Janus	Van Deventer	Poole AC	U13B	13.45
6	220	Ben	Janes	Swindon Harriers/Wiltshire	U13B	13.98
100m U15 Girls Race 1				+3.3 (Manual)	M/S	
1	1	Poppy	Abercrombie	Swindon Harriers/Wiltshire	U15G	13.06
2	367	Jasmine	Richards	Yate & District AC	U15G	13.12
3	211	Zoë	Huntley	Yeovil Olympiads AC/Somerset	U15G	13.14
4	100	Isobel	Curry	Newton Abbot AC	U15G	13.79
5	286	Kate	McCurich	Gloucester AC	U15G	13.83
6	339	Evie	Palmer	Tavistock AC/Devon	U15G	14.04
100m U15 Girls Race 2				+1.5 (Manual)	M/S	
1	440	Isabelle	Walkey	Yate & District AC/Avon	U15G	12.50
2	136	Elinor	Farrier	Cheltenham & C Harriers/Glouce:	U15G	12.77
3	21	Laila-jae	Belgrave	Swindon Harriers/Wiltshire	U15G	12.98

4	260	Keeley	Little	Torbay AAC/Devon	U15G	13.12
5	264	Lucy	Lucas	Wimborne AC/Dorset	U15G	13.13
6	340	Elodie	Partington-Nash	Cornwall AC/Cornwall	U15G	13.23
7	469	Ruby	Woodman	Bristol & West AC/Avon	U15G	13.46
100m U15 Boys				+2.8 (Manual)	M/S	
1	392	Thomas	Scargill-King	Exeter Harriers/Devon	U15B	11.81
2	66	Alexander	Chamberlain	Newquay & Par AC/Cornwall	U15B	11.84
3	12	Matas	Barisaukas	Bristol & West AC/Avon	U15B	11.92
4	278	Jacob	Massey	Bristol & West AC/Avon	U15B	12.15
5	401	Aaron	Smith	Torbay AAC/Devon	U15B	12.16
6	457	Zack	Wigginton	Yate & District AC/Avon	U15B	12.22
7	10	Joseph	Bailey	Team Bath AC/Avon	U15B	12.31
3000m Female						
1	410	Olivia	Steer	Exeter Harriers/Devon	U15G	10:29.33
2	320	Tilly	Nickell	Team Bath AC/Wiltshire	U17W	10:31.27
3	23	Matilda	Bengtsson	Poole Runners	U15G	10:32.13
4	411	Emma	Stepito	Cornwall AC/Cornwall	SW	10:36.70
5	69	Isabel	Cherrett	Bournemouth AC/Dorset	U15G	10:49.46
6	74	Georgina	Clarke	Newquay & Par AC/Cornwall	U17W	10:57.89
7	372	Gabriela	Ritter Sherratt	Bristol & West AC/Avon	U15G	11:52.25
8	89	Amelie	Cook	Yeovil Olympiads AC/Somerset	U15G	11:59.05
9	150	Evie	Fuller	Wimborne AC/Dorset	U15G	12:03.40
3000m Male						
1	112	Ben	Di Salvo	North Devon AC/Devon	SM	8:57.34
2	279	Harry	Maxwell	Team Bath AC/Wiltshire	U17M	9:05.44
3	413	Dylan	Stoneman	Team Bath AC/Avon	U17M	9:06.34
4	308	Isaac	Mould	Swindon Harriers/Gloucestershire	U20M	9:23.03
5	93	Charlie	Court	Mendip AC/Somerset	U15B	9:24.01
6	276	Dominic	Martin	Cheltenham & C Harriers/Glouce:	U15B	9:26.57
7	261	Oliver	Lock	North Somerset AC/Avon	SM	9:39.73
8	280	Joshua	Maxwell	Team Bath AC/Wiltshire	U17M	9:42.02
9	111	Thomas	Dewey	City of Salisbury A&RC/Wiltshire	U15B	9:42.30
10	465	Sam	Wilson	Cheltenham & C Harriers/Glouce:	U15B	9:45.33
11	343	Murray	Pearson	Yate & District AC/Avon	U17M	9:46.67
12	370	Hugo	Richardson	Bournemouth AC/Dorset	U17M	9:52.52
13	159	Theo	Glew	Torbay AAC/Devon	U15B	9:53.47
14	306	Anubis	Molina-Vazquez	Swindon Harriers/Wiltshire	U15B	9:55.13
15	140	Joseph	Finch	North Somerset AC/Avon	U15B	10:03.72
16	431	Lewis	Trubridge	Bodmin Dragons Tri Club/Cornwa	U15B	10:18.60
17	349	Roman	Philips	Cornwall AC/Cornwall	U15B	11:11.29
300m U15 Girls Race 1						
1	257	Lexi	Lewin	Poole AC/Dorset	U15G	44.28
2	355	Meredith	Prosser	Swindon Harriers/Wiltshire	U15G	45.02
3	118	Charlotte	Doney	Tavistock AC/Cornwall	U15G	45.36
4	174	Fleur	Hardie	North Somerset AC/Avon	U15G	49.34
300m U15 Girls Race 2						
1	175	Nia	Harradine-Cole	Newton Abbot AC/Devon	U15G	42.55
2	208	Georgia	Howell	Cheltenham & C Harriers/Glouce:	U15G	43.02

3	146	Eleanor	Foster	North Devon AC	U15G	43.28
4	122	Amber	Drake	North Devon AC/Devon	U15G	43.86
5	274	Claire	Marshall	Yate & District AC/Wiltshire	U15G	44.15
300m U15 Boys						
1	195	Liam	Higgins	Newquay & Par AC/Cornwall	U15B	38.83
2	442	Thomas	Ward	Torbay AAC/Devon	U15B	39.65
3	77	Charlie	Cleal	Wimborne AC/Dorset	U15B	40.96
1500m U13 Girls						
1	416	Ava	Sutton	Cornwall AC/Cornwall	U13G	5:01.81
2	281	Sophie	Maxwell	Team Bath AC/Wiltshire	U13G	5:10.56
3	316	Myiesha	Newcombe	North Devon AC/Devon	U13G	5:12.95
4	28	Ellie	Birchall	Exeter Harriers/Devon	U13G	5:14.40
5	7	Olivia	Avery	Cheltenham & C Harriers/Glouce:	U13G	5:14.77
1500m U13 Boys						
1	403	Ewan	Sparey	Bristol & West AC/Avon	U13B	4:41.89
2	50	Harry	Burdekin	Swindon Harriers/Gloucestershire	U13B	4:52.59
3	402	Stanley	Smith	North Devon AC	U13B	4:54.82
4	348	Joshua	Peters	Cornwall AC/Cornwall	U13B	4:56.71
5	33	Freddie	Bosworth	City of Salisbury A&RC/Wiltshire	U13B	4:57.72
6	407	Henry	Stedeford	Cornwall AC/Cornwall	U13B	4:59.91
7	409	Joseph	Steer	Exeter Harriers/Devon	U13B	5:06.23
8	259	Reuben	Linscott	Swindon Harriers/Wiltshire	U13B	5:09.42
9	293	Euan	Meacock	North Somerset AC/Avon	U13B	5:12.35
10	145	Adam	Foster	North Devon AC/Devon	U13B	5:15.03
11	333	Rory	Osborne	Team Bath AC/Wiltshire	U13B	5:22.39
12	154	Dan	Garland	Cornwall AC/Cornwall	U13B	5:32.51
1500m U15 Girls & Boys						
1	82	Benjamin	Collins	North Somerset AC/Avon	U15B	4:21.22
2	29	William	Birchall	Exeter Harriers/Devon	U15B	4:26.49
3	379	Finlay	Roderick	IIF/Wiltshire	U15B	4:29.99
4	58	Oliver	Canavan	Bournemouth AC/Dorset	U15B	4:40.92
5	388	Daisy	Rowe	Exeter Harriers/Devon	U15G	4:43.02
6	404	Ella	Spencer	Swindon Harriers/Wiltshire	U15G	4:47.04
7	262	Estelle	Lowe	Yate & District AC/Avon	U15G	4:58.10
8	263	Felicity	Lowe	Yate & District AC/Avon	U15G	5:28.21
70m Hurdles U13 Girls Race 1						
				+1.5 (Manual)	M/S	
1	25	Darcie	Benson	Torbay AAC	U13G	12.86
2	179	Emma	Harrold	Cornwall AC/Cornwall	U13G	12.99
3	288	Cara	Mcgrane	Cornwall AC/Cornwall	U13G	13.25
4	18	Genevieve	Beer	North Devon AC/Devon	U13G	13.40
70m Hurdles U13 Girls Race 2						
				+3.0 (Manual)	M/S	
1	358	Seni	Purnell	Bournemouth AC/Dorset	U13G	11.59
2	232	Olivia	Jones	Wimborne AC/Dorset	U13G	12.20
3	227	Megan	Johnson	Newton Abbot AC/Devon	U13G	12.53
4	5	Megan	Amey	Cheltenham & C Harriers/Glouce:	U13G	12.76
5	116	Olivia	Divall	Tavistock AC	U13G	12.94

75m Hurdles U13 Boys				+1.0 (Manual)	M/S	
1	97	Elliot	Cox	Swindon Harriers/Wiltshire	U13B	12.88
2	224	Aidan	John	Cheltenham & C Harriers/Glouce:	U13B	13.15
3	269	Finn	MacLeod	Yate & District AC/Wiltshire	U13B	13.24
4	436	Janus	Van Deventer	Poole AC/Dorset	U13B	14.71
5	124	Seth	Dyson	Newquay & Par AC/Cornwall	U13B	14.96
6	313	Oscar	Mytton	South Devon AC/Devon	U13B	15.30
75m Hurdles U15 Girls				+2.1 (Manual)	M/S	
1	420	Kezia	Tarzey	Bristol & West AC/Avon	U15G	11.58
2	132	Cara	Ellis	Cornwall AC/Cornwall	U15G	11.91
3	21	Laila-jae	Belgrave	Swindon Harriers/Wiltshire	U15G	11.95
4	362	Celeste	Redmond	Yate & District AC/Avon	U15G	12.67
5	394	Holly	Scott	Swindon Harriers/Wiltshire	U15G	12.80
6	338	Isla	Pain	Cheltenham & C Harriers/Glouce:	U15G	13.37
80m Hurdles U15 Boys				+2.3 (Manual)	M/S	
1	456	Arthur	Widdows	Swindon Harriers/Wiltshire	U15B	13.03
80m Hurdles U17 Women				+2.3 (Manual)	M/S	
1	61	Vivienne	Card	Yeovil Olympiads AC/Somerset	U17W	11.90
2	11	Lydia	Baldwin	Cheltenham & C Harriers/Glouce:	U17W	12.20
100m Hurdles U20 & Senior Women				+2.3 (Manual)	M/S	
1	380	Seren	Rodgers	Taunton AC/Somerset	U20W	14.72
2	40	Amelia	Brandon	Swindon Harriers/Wiltshire	SW	15.27
3	435	Hanna	Ulvede	Newton Abbot AC/Devon	U20W	15.36
100m Hurdles U17 Men				+0.8 (Manual)	M/S	
1	422	Joshua	Taylor	Torbay AAC/Devon	U17M	13.71
2	218	George	Isgrove	Bristol & West AC/Avon	U17M	13.89
3	115	Adam	Dingley	City of Plymouth AC/Devon	U17M	13.90
110m Hurdles U20 Men & Men				+3.5 (Manual)	M/S	
1	95	Jake	Cover	Team Bath AC/Wiltshire	U20M	14.16
2	101	Henry	Curtis	City of Plymouth AC/Cornwall	U20M	14.32
3	170	Lewis	Guest	Yeovil Olympiads AC/Somerset	SM	15.39
4	76	Tobias	Clayden	City of Plymouth AC/Devon	SM	15.39
200m U13 Girls Race 1				+1.2 (Manual)	M/S	
1	400	Frankie	Skelly	Torbay AAC	U13G	28.48
2	230	Iris	Jones	Wimborne AC/Dorset	U13G	29.43
3	427	Mia	Thorpe	North Somerset AC/Avon	U13G	30.09
4	119	Isabelle	Doney	Tavistock AC/Cornwall	U13G	30.34
5	99	Eva	Crowe	North Somerset AC/Avon	U13G	33.12
200m U13 Girls Race 2				+2.0 (Manual)	M/S	
1	190	Martha	Herringshaw	North Somerset AC/Avon	U13G	27.83
2	45	Emily	Bryant	City of Salisbury A&RC/Wiltshire	U13G	28.17
3	108	Madeleine	Davis-Hull	North Devon AC/Devon	U13G	28.42
4	351	Gabriella	Pitman	Bournemouth AC	U13G	28.93
5	214	Sophia	Ingham	Exeter Harriers/Devon	U13G	29.14
6	56	Amari	Cambridge	Gloucester AC/Gloucestershire	U13G	29.42

7	15	Isla	Bater	North Devon AC	U13G	29.80
200m U13 Boys Race 1				+2.0 (Manual)	M/S	
1	138	George	Fielder	Taunton AC/Somerset	U13B	27.93
2	444	Oscar	Warren	North Somerset AC/Avon	U13B	28.20
3	220	Ben	Janes	Swindon Harriers/Wiltshire	U13B	28.83
4	145	Adam	Foster	North Devon AC/Devon	U13B	29.22
5	222	Sam	Jeenes	Cheltenham & C Harriers/Glouce:	U13B	29.66
6	173	Omar	Hammoudeh	City of Plymouth AC/Cornwall	U13B	30.98
200m U13 Boys Race 2				+4.2 (Manual)	M/S	
1	41	Rufus	Brookes	Dorchester AC/Dorset	U13B	25.81
2	149	Zachary	Fricker	Wimborne AC/Dorset	U13B	26.40
3	104	Kevin	Dapaah	Poole Runners	U13B	26.51
4	389	Harry	Ruscoe	Wimborne AC	U13B	26.86
5	371	Stanley	Ridout	Yeovil Olympiads AC	U13B	27.31
6	436	Janus	Van Deventer	Poole AC	U13B	28.71
200m U15 Girls Race 1				+1.0 (Manual)	M/S	
1	469	Ruby	Woodman	Bristol & West AC/Avon	U15G	27.10
2	367	Jasmine	Richards	Yate & District AC	U15G	27.30
3	1	Poppy	Abercrombie	Swindon Harriers/Wiltshire	U15G	27.53
4	208	Georgia	Howell	Cheltenham & C Harriers/Glouce:	U15G	27.54
5	425	Sienna	Thomas	Gloucester AC	U15G	27.71
200m U15 Girls Race 2				+2.8 (Manual)	M/S	
1	440	Isabelle	Walkey	Yate & District AC/Avon	U15G	25.79
2	136	Elinor	Farrier	Cheltenham & C Harriers/Glouce:	U15G	26.00
3	264	Lucy	Lucas	Wimborne AC/Dorset	U15G	26.37
4	132	Cara	Ellis	Cornwall AC/Cornwall	U15G	26.61
5	260	Keeley	Little	Torbay AAC/Devon	U15G	27.57
200m U15 Boys Race 1				+3.2 (Manual)	M/S	
1	442	Thomas	Ward	Torbay AAC/Devon	U15B	24.43
2	401	Aaron	Smith	Torbay AAC/Devon	U15B	24.69
3	457	Zack	Wigginton	Yate & District AC/Avon	U15B	25.38
4	77	Charlie	Cleal	Wimborne AC/Dorset	U15B	25.38
5	32	Owen	Boon	Yate & District AC/Avon	U15B	25.91
200m U15 Boys Race 2				+1.2 (Manual)	M/S	
1	392	Thomas	Scargill-King	Exeter Harriers/Devon	U15B	24.51
2	66	Alexander	Chamberlain	Newquay & Par AC/Cornwall	U15B	24.73
3	10	Joseph	Bailey	Team Bath AC/Avon	U15B	24.77
4	195	Liam	Higgins	Newquay & Par AC/Cornwall	U15B	24.94
200m U17 Women				+3.4 (Manual)	M/S	
1	186	Olivia	Hayes	Torbay AAC/Devon	U17W	25.70
2	236	Lily-Anne	Keogh	City of Salisbury A&RC/Wiltshire	U17W	26.28
3	273	Lily	Marchant	Cheltenham & C Harriers/Glouce:	U17W	26.32
4	207	Freya	Howard	Cornwall AC/Cornwall	U17W	26.76
5	65	Sengul	Ceylan	Mendip AC/Somerset	U17W	27.09
6	185	Phoebe	Havard	Yate & District AC/Avon	U17W	27.57

200m U20 Women				+2.4 (Manual)	M/S	
1	246	Kinga	Kudzia	City of Plymouth AC/Devon	U20W	25.58
2	42	Stephanie	Brooks	Yate & District AC/Avon	U20W	25.98
3	429	Kirsty	Treglown	Yate & District AC/Wiltshire	U20W	26.23
4	16	Harriet	Beardsmore	City of Plymouth AC/Cornwall	U20W	26.27
5	233	Ella	Julin	Gloucester AC/Gloucestershire	U20W	27.84
200m Senior Women				+3.2 (Manual)	M/S	
1	449	Megan	Webber	Torbay AAC/Devon	SW	25.46
2	244	Khiaaama	Kofi	Bristol & West AC/Avon	SW	25.68
3	243	Amena	Kofi	Bristol & West AC/Avon	SW	29.04
200m U17 Men				+4.0 (Manual)	M/S	
1	350	Mackenzie	Pike	City of Plymouth AC/Devon	U17M	23.15
2	183	Jack	Harvey	Newquay & Par AC/Cornwall	U17M	23.57
3	216	Andreas	Isaias	City of Plymouth AC/Devon	U17M	23.61
4	22	Toby	Bemand	Wimborne AC/Dorset	U17M	23.78
5	322	Ralph	Nicklin	Cheltenham & C Harriers/Glouce:	U17M	24.14
200m U20 Men				+3.2 (Manual)	M/S	
1	248	Jacob	Lamboll	City of Plymouth AC/Cornwall	U20M	21.90
2	130	Max	Elliott	Yate & District AC/Avon	U20M	21.99
3	283	Connell	McCarthy	City of Plymouth AC/Cornwall	U20M	22.77
200m Senior Men				+2.5 (Manual)	M/S	
1	27	Ollie	Biddle	Bristol & West AC/Avon	SM	21.58
2	451	Ben	Wells	Yate & District AC/Wiltshire	SM	21.93
3	234	Nicholas	Kanonik	Yate & District AC/Gloucestershir	SM	22.02
4	92	Mark	Cottam	Bristol & West AC/Avon	SM	22.13
5	171	Scott	Gunning	Coventry Godiva H/Wiltshire	SM	22.74
6	309	Kenneth	Muhumuza	Team Bath AC/Wiltshire	SM	23.03
7	369	Christopher	Richardson	City of Plymouth AC/Devon	SM	23.26
8	321	Michael	Nickells	Team Bath AC/Avon	SM	23.78
800m U17 & Senior Women						
1	387	Sienna	Rosewell	Stroud & District AC/Gloucestersl	U17W	2:13.46
2	381	Emma	Ryder	Tavistock AC/Devon	SW	2:14.14
3	110	Keira	Devereux	North Somerset AC/Avon	U17W	2:15.33
4	127	Nicole	Edmunds	Exeter Harriers/Devon	SW	2:16.24
5	287	Freya	McFadden	Stroud & District AC/Gloucestersl	U17W	2:17.99
6	421	Hannah	Taunton T20	Taunton AC/Somerset	SW	2:18.38
7	303	Lucy	Milliner	Exeter Harriers/Devon	U17W	2:18.82
8	328	Mackenzie	O'Dea	Yeovil Olympiads AC/Somerset	U17W	2:22.21
9	365	Holly	Reid	City of Plymouth AC/Cornwall	U17W	2:22.92
10	143	Daisy	Flux	Dorchester AC/Dorset	U17W	2:27.26
11	354	Charlotte	Preece	Calne Running Club/Wiltshire	SW	2:27.63
12	417	Verity	Tank	City of Plymouth AC/Devon	U17W	2:28.12
800m U17 Men						
1	398	Henry	Sheffield	Stroud & District AC/Gloucestersl	U17M	2:02.23
2	461	Blake	Williams	Newquay & Par AC/Cornwall	U17M	2:02.64
3	363	Ryan	Reed	Taunton AC/Somerset	U17M	2:04.49
4	180	Fletcher	Hart	Swindon Harriers/Gloucestershir	U17M	2:05.41

5	193	Jack	Harvey	Yeovil Olympiads AC/Somerset	U17M	2:05.78
6	71	Jack	Choules	Swindon Harriers/Wiltshire	U17M	2:07.02
7	13	Sam	Barnaby	Torbay AAC/Devon	U17M	2:10.14
8	81	Patrick	Cole	Taunton AC/Somerset	U17M	2:12.21
9	265	Harry	Lucker	Gloucester AC	U17M	2:17.86
10	302	Dillon	Millard	Taunton AC/Somerset	U17M	2:18.56

800m U20 Men

1	305	Edward	Mitchell	Cornwall AC/Cornwall	U20M	1:57.88
2	424	George	Thomas	North Devon AC/Devon	U20M	2:00.69
3	251	Oscar	Lee	Taunton AC/Somerset	U20M	2:02.23
4	182	Samuel	Hart	Torbay AAC/Devon	U20M	2:08.38
5	160	Bradley	Glover	Yeovil Olympiads AC/Somerset	U20M	2:12.45

800m Senior Men

1	31	Joshua	Blake	City of Plymouth AC/Devon	SM	1:55.96
2	471	Matthew	Woodward	Swindon Harriers/Wiltshire	SM	1:57.93
3	317	Daniel	Newman	City of Plymouth AC/Devon	SM	1:58.70
4	201	Matt	Hogg	North Somerset AC/Avon	SM	1:59.52
5	148	Tom	Foxon	Bristol & West AC/Avon	SM	1:59.99
6	291	Bradley	McLellan	Newquay & Par AC/Cornwall	SM	2:00.32

100m U17 Women

				+3.0 (Manual)	M/S	
1	186	Olivia	Hayes	Torbay AAC/Devon	U17W	12.50
2	207	Freya	Howard	Cornwall AC/Cornwall	U17W	12.65
3	65	Sengul	Ceylan	Mendip AC/Somerset	U17W	13.15
4	285	Nia	McConnell	Dorchester AC	U17W	13.24

100m U20 Women

				+2.4 (Manual)	M/S	
1	429	Kirsty	Treglown	Yate & District AC/Wiltshire	U20W	12.37
2	20	Delleah	Belgrave	Swindon Harriers/Wiltshire	U20W	12.39
3	137	Lili	Fern	City of Plymouth AC/Devon	U20W	12.43
4	445	Amelia	Watling	City of Salisbury A&RC/Wiltshire	U20W	12.75
5	412	Georgina	Stokes	Poole AC/Dorset	U20W	12.88
6	233	Ella	Julin	Gloucester AC/Gloucestershire	U20W	13.17

100m Senior Women

				+2.4 (Manual)	M/S	
1	462	Hannah	Williams	Bristol & West AC/Avon	SW	11.73
2	449	Megan	Webber	Torbay AAC/Devon	SW	12.26
3	244	Khiaaama	Kofi	Bristol & West AC/Avon	SW	12.40
4	386	Rebecca	Roots	Torbay AAC/Devon	SW	12.68
5	40	Amelia	Brandon	Swindon Harriers/Wiltshire	SW	12.94
6	88	Kirstie	Constable	Cardiff Archers/Gloucestershire	SW	13.27

100m U17 Men

				+2.4 (Manual)	M/S	
1	39	Ryan	Brady	Bristol & West AC/Avon	U17M	11.17
2	350	Mackenzie	Pike	City of Plymouth AC/Devon	U17M	11.40
3	8	Ashley	Avis	Team Bath AC/Wiltshire	U17M	11.45
4	183	Jack	Harvey	Newquay & Par AC/Cornwall	U17M	11.59
5	322	Ralph	Nicklin	Cheltenham & C Harriers/Glouce:	U17M	11.90
6	218	George	Isgrove	Bristol & West AC/Avon	U17M	11.96

100m U20 Men Race 1				+3.3 (Manual)	M/S	
1	95	Jake	Cover	Team Bath AC/Wiltshire	U20M	11.12
2	299	Jacob	Michaelides	City of Plymouth AC/Devon	U20M	11.35
3	453	James	Wheeler	Tavistock AC/Cornwall	U20M	11.43
4	467	Alfie	Wood	Cheltenham & C Harriers/Gloucest	U20M	11.46
5	103	Jake	Dan	Newton Abbot AC/Devon	U20M	11.54

100m U20 Men Race 2				+2.2 (Manual)	M/S	
1	310	Dominic	Murray	Team Bath AC/Wiltshire	U20M	11.24
2	101	Henry	Curtis	City of Plymouth AC/Cornwall	U20M	11.26
3	283	Connell	McCarthy	City of Plymouth AC/Cornwall	U20M	11.27
4	26	Leon	Biaggi	Exeter Harriers/Devon	U20M	11.42
5	240	Alastair	Klemz	Cheltenham & C Harriers/Gloucest	U20M	11.54

100m Senior Men				+1.5 (Manual)	M/S	
1	408	Ethan	Steele	Yate & District AC/Gloucestershir	SM	10.78
2	92	Mark	Cottam	Bristol & West AC/Avon	SM	11.08
3	76	Tobias	Clayden	City of Plymouth AC/Devon	SM	11.13
4	4	Femi	Akinbobola	Swansea Harriers/Wiltshire	SM	11.15
5	171	Scott	Gunning	Coventry Godiva H/Wiltshire	SM	11.21
6	364	Theodore	Reeve	Yate & District AC	SM	11.29
7	309	Kenneth	Muhumuza	Team Bath AC/Wiltshire	SM	11.48
8	3	Brook	Adnitt	City of Plymouth AC/Devon	SM	11.60
9	321	Michael	Nickells	Team Bath AC/Avon	SM	11.63

1500m SC Female						
1	109	Kiya	Dee	Cheltenham & C Harriers/Gloucest	U20W	5:07.90
2	256	Zoe	Levin	Newquay & Par AC/Cornwall	SW	5:20.19
3	418	Imogen	Tanner	City of Salisbury A&RC/Wiltshire	U20W	5:31.94
4	282	Bella	May	City of Plymouth AC/Devon	U17W	6:19.44

2000m SC U20 & Senior Men						
1	268	Matthew	Lusby	Yeovil Olympiads AC/Somerset	SM	6:19.17
2	204	Luke	Hopper	Newquay & Par AC/Cornwall	SM	7:38.46

1500m U17 Women & U17 Men							
1	461	Blake	Williams	Newquay & Par AC/Cornwall	U17M	4:17.20	
2	158	Kenny	Gibson	Cornwall AC/Cornwall	U17M	4:17.44	
3	142	Innes	FitzGerald	Exeter Harriers/Devon	U17W	4:22.60	CBP
4	319	Sophie	Nicholls	Yeovil Olympiads AC/Somerset	U17W	4:37.66	
5	46	Isla	Bryson	Exeter Harriers/Devon	U17W	4:41.28	
6	94	Iris	Courtney	Wimborne AC	U17W	4:47.68	
7	162	Imogen	Gray	City of Salisbury A&RC/Wiltshire	U17W	5:01.20	

1500m U20 Women & Senior Women							
1	53	Erin	Burt	Newquay Road Runners/Cornwal	SW	4:38.93	CBP
2	237	Fern	Kimber	Poole AC/Dorset	SW	4:43.47	
3	405	Tilly	Spinney	Yate & District AC/Gloucestershir	U20W	4:47.36	
4	242	Katie	Knowles	Newquay Road Runners/Cornwal	SW	4:49.40	
5	311	Emily	Murray	Yeovil Olympiads AC/Somerset	SW	4:56.93	

1500m U20 Men & Senior Men

1	471	Matthew	Woodward	Swindon Harriers/Wiltshire	SM	4:05.98
2	91	Freddie	Cooper	Yate & District AC/Gloucestershir	U20M	4:06.80
3	141	Daniel	Fisher	Taunton AC/Somerset	U20M	4:07.81
300m U17 Women						
1	188	Mali	Heard	City of Plymouth AC/Devon	U17W	41.13
2	84	Jaya	Collinson	Poole AC/Dorset	U17W	41.75
3	236	Lily-Anne	Keogh	City of Salisbury A&RC/Wiltshire	U17W	42.71
4	285	Nia	McConnell	Dorchester AC/Dorset	U17W	43.02
5	273	Lily	Marchant	Cheltenham & C Harriers/Glouce:	U17W	43.23
6	143	Daisy	Flux	Dorchester AC/Dorset	U17W	44.37
400m U20 Women						
1	16	Harriet	Beardsmore	City of Plymouth AC/Cornwall	U20W	59.27
2	396	Kerrie	Shanley	Newquay & Par AC/Cornwall	U20W	1:01.04
3	435	Hanna	Ulvede	Newton Abbot AC/Devon	U20W	1:01.09
4	331	Bea	Oliver-Stevens	Exeter Harriers/Devon	U20W	1:01.48
5	134	Katie	Evans	Dorchester AC/Dorset	U20W	1:04.06
6	191	Annabelle	Hess	Tavistock AC/Devon	U20W	1:07.85
400m Senior Women & U17 Men						
1	270	Nicolas	Maczugowski	City of Plymouth AC/Devon	U17M	51.28
2	22	Toby	Bemand	Wimborne AC/Dorset	U17M	52.48
3	212	Teresa	Iannetelli	Swindon Harriers/Wiltshire	SW	58.11
4	198	Rebecca	Hoadley	Cheltenham & C Harriers/Glouce:	SW	59.12
5	243	Amena	Kofi	Bristol & West AC/Avon	SW	1:05.55
400m U20 Men						
1	248	Jacob	Lamboll	City of Plymouth AC/Cornwall	U20M	49.30
2	454	Joe	Wheeler	Tavistock AC/Cornwall	U20M	50.34
3	103	Jake	Dan	Newton Abbot AC/Devon	U20M	52.87
400m Senior Men						
1	463	Dale	Willis	Yeovil Olympiads AC/Somerset	SM	48.82
2	4	Femi	Akinbobola	Swansea Harriers/Wiltshire	SM	49.59
3	238	Ethan	Kirby T20	Newton Abbot AC/Devon	SM	49.73
4	332	Kit	Oliver-Stevens	Exeter Harriers/Devon	SM	49.92
5	120	Elliot	Doughty	Swindon Harriers/Gloucestershir	SM	51.18
6	369	Christopher	Richardson	City of Plymouth AC/Devon	SM	51.26
7	3	Brook	Adnitt	City of Plymouth AC/Devon	SM	53.48