

South-West Indoor Championships 2018-9
National Indoor Athletics Centre, Cardiff

U13/15/17 Day 1: Sunday 2nd December

U13 Girls:	200m, Long Jump, High Jump
U13 Boys:	200m, High Jump, Shot Put
U15 Girls:	200m, 300m (High Jump and Long Jump: both sold out)
U15 Boys:	200m, 300m, High Jump, Shot Put
U17 Women:	200m, 300m, Shot Put, Triple Jump, High Jump
U17 Men:	200m, 400m, Shot Put, Triple Jump, High Jump

Results from this event can be found at <http://results.welshathletics.org/>

U13/15/17 Day 2: Sunday 6th January

U13 Girls:	60m, 60m Hurdles, 800m, 1500m, Shot Put
U13 Boys:	60m, 60m Hurdles, 800m, 1500m, [Long Jump already full]
U15 Girls:	60m, 60m Hurdles, 800m, 1500m, Shot Put, Pole Vault
U15 Boys:	60m, 60m Hurdles, 800m, 1500m, Pole Vault, Long Jump
U17 Women:	60m, 60m Hurdles, 800m, 1500m, Long Jump, Pole Vault
U17 Men:	60m, 60m Hurdles, 800m, 1500m, Long Jump, Pole Vault

Entries are now open, and will close on Thursday 13th December at noon. For details visit

<http://www.welshathletics.org/competitions/events/track--field/2019/january/welsh-athletics-junior-open--regional-championships-day-2.aspx>

For each meeting, there will, once again, be a limit on entry numbers in Field Events. These will be capped at 40 athletes, with an initial quota for each region filled on a first-come first-served basis. Athletes will be placed on a waiting list once their region's places have been filled and free spaces will be re-allocated as appropriate following the closing date for entries.

U20/Seniors: Sunday 20th January

Details can be found at <http://cardiffmetathletics.co.uk/events/indoor-grand-prix-series/> (you may need to scroll down the page a bit).

All the advertised events include South-West Championships for Under-20s and Seniors (Under-17s may compete as Under-20s). Closing date is Friday 11th January at 10.00pm.