

SOUTH WEST SCHOOLS' A.A. CROSS COUNTRY CHAMPIONSHIPS 2026

Exhibition Fields, Exeter – Saturday 7TH February 2026 – First Race 12:30pm



REGISTRATION - EXETER HARRIERS CLUBHOUSE FROM 11am

PARKING AT EXETER ARENA EX4 8NT

DO NOT PARK IN RESIDENTIAL STREETS NEAR THE VENUE

PLEASE NOTE THE VENUE IS A PUBLIC PARK - THERE WILL BE OTHER BONEFIDE USERS ON SITE
PLEASE DISPOSE OF ALL RUBBISH IN THE BINS ON SITE OR TAKE AWAY WITH YOU

INDIVIDUAL/TEAM PRESENTATIONS WILL TAKE PLACE IMMEDIATELY AFTER EACH RACE

RUNNERS PLEASE NOTE:-

ALL RUNNERS SHOULD REPORT TO THE PRE-START HOLDING AREA 5 MINUTES BEFORE THE SCHEDULED START TIME OF THEIR RACE

RACE NUMBERS MUST BE SECURELY ATTACHED WITH 4 SAFETY PINS TO THE FRONT OF ATHLETE'S RUNNING VEST.

ALL COMPETITORS ARE ADVISED TO WALK THE COURSE BEFORE THEIR RACE – THE COURSE IS CLOSED FROM 12:30pm

RECOMMENDED SPIKE LENGTH Minimum 12mm

Race Referee:
Keith Reed (Devon)



RACE TIMETABLE

Time	Age Group	Route	Distance	Start Pen order from 1 - 7
12:30	Minor Girls	Start-ABCDF-AB-Finish	2680m	Corn Dev Dor Som Avon Glos Wilts
12:50	Minor Boys	Start-ABCDF-AB-Finish	2680m	Dev Dor Som Avon Glos Wilts Corn
13:10	Senior Girls	Start-2xABCDF-AB-Finish	4110m	Glos Wilts Corn Dev Dor Som Avon
13:30	Junior Girls	Start-ADF-ABCDF-AB-Finish	3220m	Som Avon Glos Wilts Corn Dev Dor
13:50	Junior Boys	Start-ADF-ABCDF-AB-Finish	3220m	Avon Glos Wilts Corn Dev Dor Som
14:15	Inter Girls	Start-ADF-ABCDEF-AB-Finish	3550m	Glos Wilts Corn Dev Dor Som Avon
14:35	Inter Boys	Start-ABCDF-ABCDEF-AB-Finish	4760m	Wilts Corn Dev Dor Som Avon Glos
15:00	Senior Boys	Start-ADF-2xABCDEF-AB-Finish	6240m	Corn Dev Dor Som Avon Glos Wilts