

Avon AA 10km Road Running Championships 2023

(incorporated in the Hogweed 10km, 22nd May 2023, Yate)

Category	Name	Club	Time	Category	
1st Male	Oliver BEALE	Westbury Harriers	33:53.1	V40	Male
2nd Male	Matthew CANT		34:28.5	Sen	Male
3rd Male	Anthony GLOVER	Westbury Harriers	34:50.3	V45	Male
1st Lady	Caroline NICHOLAS	Hogweed Trotters	38:19.6	V40	Female
2nd Lady	Liz SANIGAR	Bitton Road Runners	40:22.7	V40	Female
3rd Lady	Hannah HAMILTON	Thornbury RC	43:39.9	Sen	Female
1st Male Senior*	Martin REED		35:14.5	Sen	Male
1st Lady Senior*	Kate FARMER		44:58.5	Sen	Female
1st Male U18	Sebastian AQUILINA		44:36.9	U18	Male
1st Lady U18					
1st Male V40	Oliver BEALE	Westbury Harriers	33:53.1	V40	Male
1st Lady V40	Caroline NICHOLAS	Hogweed Trotters	38:19.6	V40	Female
1st Male V45	Anthony GLOVER	Westbury Harriers	34:50.3	V45	Male
1st Lady V45	Helen CLARK	Bitton Road Runners	44:37.9	V45	Female
1st Male V50	Steve WOOD	Clevedon AC	35:47.9	V50	Male
1st Lady V50	Louise CRONIN	Bristol & West AC	45:23.1	V50	Female
1st Male V55	David BRITTON	Bitton Road Runners	48:33.5	V55	Male
1st Lady V55	Jackie HANN	Bitton Road Runners	48:58.9	V55	Female
1st Male V60	Alan PRICE		40:04.8	V60	Male
1st Lady V60					
1st Male V65					
1st Lady V65					
1st Male V70	Nick LANGRIDGE	Thornbury RC	45:21.4	V70	Male
1st Lady V70					
1st Male V75					

Full race results can be found at <https://dbmaxresults.co.uk/results.aspx?CId=16421&RId=6321>