

Avon AA / Yate & District AC Masters T&F Meeting 2026

NOTE: this document lists all competitors from the June 28th 2026 listed as Avon club members (unless I know them to be affiliated to another County). Not all may be Avon/qualified; there may have been competitors from non-Avon clubs who qualify for Avon.

The Avon qualification rules can be found at <http://www.avon-aa.org.uk/eligible.html>

100m:

W35-1	Emma Conisbee	Bristol & West AC	13.04
W35-2	Emma Barlow	Yate & Sodbury Striders	16.74
W40-1	Lisa Oakley	Bristol & West AC	13.67
W65-1	Vanessa Israel	Yate & Sodbury Striders	20.41
W65-2	Lorna Massey	Yate & Sodbury Striders	21.33
M40-1	Paul Green	Yate & District AC	12.31
M50-1	Iman Qazi	Team Bath AC	13.50
M55-1	Geraint Torrington	Yate & District AC	15.93
M60-1	James Marshall	Bristol & West AC	14.36
M65-1	Mark Ellery	Bristol & West AC	14.19
M65-2	Chris Amos	South-West Veterans AC	14.29

200m:

W35-1	Emma Barlow	Yate & Sodbury Striders	34.26
W35-2	Liane Pope	Yate & Sodbury Striders	37.06
W40-1	Lisa Oakley	Bristol & West AC	28.20
W65-1	Vanessa Israel	Yate & Sodbury Striders	45.14
W45-1	Matthew Muggeridge	Yate & District AC	25.71
M60-1	James Marshall	Bristol & West AC	30.13
M65-1	Chris Amos	South-West Veterans AC	29.73
M65-2	Mark Ellery	Bristol & West AC	29.88

400m

W35-1	Emma Barlow	Yate & Sodbury Striders	1.19.12
W35-2	Liane Pope	Yate & Sodbury Striders	1.26.08
W40-1	Helenna Vaughan-Smith	Yate & Sodbury Striders	1.14.41
W65-1	Mary Derrick	Yate & Sodbury Striders	1.34.29
M40-1	Raul Santos Rodriguez	Yate & District AC	1.08.53

800m

W35-1	Emma Barlow	Yate & Sodbury Striders	3.03.51
W45-1	Tamsin Chick	Yate & District AC	3.45.27
W65-1	Louise Jeffries	Team Bath AC	3.17.07
W75-1	Caroline Lavis	Yate & Sodbury Striders	3.42.64
W75-2	Anne Dockery	Yate & District AC	3.51.47
M40-1	Andrew Parks	Yate & Sodbury Striders	2.10.85
M50-1	Robert Grove	Yate & Sodbury Striders	2,48.47
M55-1	Dale Webb	Yate & Sodbury Striders	2.51.07
M55-2	Geraint Torrington	Yate & District AC	3.05.78
M65-1	Pater Mountain	Bristol & West AC	2.50.33

1500m

W45-1	Tamsin Chick	Yate & District AC	5.25.43
W65-1	Sandy Masters	Yate & District AC	5.54.92
M40-1	Raul Santos Rodriguez	Yate & District AC	5.04.55
M50-1	Ian Leonard	Emersons Green RC	4.51.75
M55-1	Geraint Torrington	Yate & District AC	6.11.62
M65-1	Peter Mountain	Bristol & West AC	5.54.90
M65-2	Robin Crawford	Yate & Sodbury Striders	6.32.21
M65-3	Philip Hayward	Westbury Harriers	6.55.28
M70-1	David Bedwell	Bristol & West AC	5.59.30

3000m

W35-1	Jennifer Graham	Yate & District AC	12.15.28
W35-2	Julianne Kirkpatrick	Westbury Harriers	14.42.29
W50-1	Tanya Chowdhury	Bristol & West AC	12.42.31
W65-1	Jill Harrison	Bristol & West AC	13.09.00
W75-1	Anne Dockery	Yate & District AC	15.26.84
M50-1	Ian Leonard	Emersons Green RC	10.42.56
M70-1	David Bedwell	Bristol & West AC	12.44.88

5000m

M45-1	Tim White	Bristol & West AC	19.55.20
M50-1	Robert Grove	Yate & Sodbury Striders	21.14.89
M55-1	Clive Marston	Yate & Sodbury Striders	22.34.57

400m Hurdles

M45-1	James Trezona	Bristol & West AC	1.17.22
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Long Jump

W45-1	Becky Brennan	Yate & District AC	4.71
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Triple Jump

W45-1	Becky Brennan	Yate & District AC	10.69
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Shot

W65-1	Karen Jones	Yate & District AC	6.66
M35-1	Adam Sharp	Yate & District AC	7.43
M45-1	Mark Richardson	Yate & District AC	7.42
M60-1	Mike Froudakis	South-West Veterans AC	10.14

Discus

W65-1	Karen Jones	Yate & District AC	16.37
M35-1	Adam Sharp	Yate & District AC	20.20
M45-1	Malcolm Bourne	Yate & District AC	31.38
M45-2	Mark Richardson	Yate & District AC	14.89
M60-1	Mike Froudakis	South-West Veterans AC	42.64

Javelin

W45-1	Maria Townsend	Bristol & West AC	19.40
M65-1	Robin Crawford	Yate & Sodbury Striders	19.21

Hammer

W45-1	Maria Townsend	Bristol & West AC	18.70
W65-1	Karen Jones	Yate & District AC	35.39

NOTE: some Avon County eligibilities still have to be confirmed.