

Event	AgeGroup	ParticipantName	Club	Medal
Discus Throw	M45	Malcolm Bourne	Yate & District AC	Gold
Discus Throw	M60	Michail Froudakis	SWVAC	Gold
Discus Throw	W35	Victoria Opara	Team Bath Athletic Club	Gold
Discus Throw	W45	Debbie Janson	Team Bath Athletic Club	Gold
Discus Throw	W60	Karen Jones	Yate & District AC	Gold
Hammer Throw	W35	Katherine Chrimes	Yate & District AC	Gold
Hammer Throw	W45	Debbie Janson	Team Bath Athletic Club	Gold
Hammer Throw	W60	Karen Jones	Yate & District AC	Gold
Javelin Throw	W60	Karen Jones	Yate & District AC	Gold
Shot Put	M60	Michail Froudakis	SWVAC	Gold
Shot Put	W35	Victoria Opara	Team Bath Athletic Club	Gold
Shot Put	W45	Debbie Janson	Team Bath Athletic Club	Gold
Shot Put	W60	Karen Jones	Yate & District AC	Gold
100m	M50	Geraint Torrington	Yate & District AC	Gold
100m	M60	Mark Ellery	Bristol and West AC	Gold
100m	M65	Chris Amos	South West Veterans Athletics Club	Gold
100m	W35	Emma Conisbee	Bristol and West AC	Gold
100m	W70	Caroline Powell	Bristol and West AC	Gold
200m	M35	Alex Fields	Bristol and West AC	Gold
200m	M45	Neil Turner	Team Bath Athletic Club	Gold
200m	M60	Mark Ellery	Bristol and West AC	Gold
200m	M65	Chris Amos	South West Veterans Athletics Club	Gold
200m	W35	Lisa Oakley	Bristol and West AC	Gold
200m	W70	Caroline Powell	Bristol and West AC	Gold
400m	M35	Alex Fields	Bristol and West AC	Gold
400m	M45	Neil Turner	Team Bath Athletic Club	Gold
400m	M60	Anthony Ward	Bristol and West AC	Gold
400m	W75	Caroline Lavis	Yate and Sodbury Striders	Gold
800m	M40	Peter Grist	Yeovil Olympiads Athletics Club	Gold
800m	M45	George Daly	Bristol and West AC	Gold
800m	M50	Geraint Torrington	Yate & District AC	Gold
800m	M55	Dale Webb	Yate and Sodbury Striders	Gold
800m	M65	Peter Mountain	Bristol and West AC	Gold
800m	M70	David Bedwell	Bristol and West AC	Gold
800m	W40	Caroline Nicholas	Yate and Sodbury Striders	Gold
800m	W50	Henrietta Anstey	Bristol and West AC	Gold
800m	W55	Sarah Natasha Everitt	Bristol and West AC	Gold
800m	W75	Caroline Lavis	Yate and Sodbury Striders	Gold

1500m	M65	Peter Mountain	Bristol and West AC	Gold
1500m	M70	David Bedwell	Bristol and West AC	Gold
1500m	W55	Sarah Andrews	Yate & District AC	Gold
3000m	M40	Paul Gardiner	Westbury Harriers	Gold
3000m	M50	Robert Grove	Yate & District AC	Gold
3000m	M65	Peter Mountain	Bristol and West AC	Gold
3000m	M70	David Bedwell	Bristol and West AC	Gold
3000m	W45	Tanta Chowdhury	Bristol and West AC	Gold
3000m	W55	Clare Jolliffe	Bristol and West AC	Gold
5000m	M35	Chris McMillan	Weston Athletic Club	Gold
5000m	M40	Alaister Burleigh	Bristol & West AC	Gold
5000m	M45	Ian Gawinowski	Yate & District AC	Gold
5000m	M60	Kevin Davies	Team Bath Athletic Club	Gold