

Avon County AA Championships

(Under UKA Rules)

Sunday 10th May 2026

At the Yate Outdoor Sports Complex, Broad Lane, Yate,
Bristol, BS37 7LB



The Avon County AA Championships will be held on Sunday 10th May 2026 under UKA Rules. Online entries only for the Championships can be made via [Roster Athletics - Avon County Championships 2026](https://www.rosterathletics.co.uk/Avon-County-Championships-2026)

The Closing date for entries is Friday 1st May 2026.
NO LATE ENTRIES WILL BE ACCEPTED.

Eligibility:

For details of the Avon County eligibility criteria please go to <http://www.avon-aa.org.uk/eligible.html>. Any athlete who does not meet the eligibility criteria is welcome to enter as a guest but must email event.avonaa@outlook.com to confirm their entry.

Summary of Events

Grey shaded box means that there is no event in this category for your age group.

	01/09/12 - 31/08/14	01/09/10 - 31/08/12	01/09/08 - 31/08/10	01/01/07 - 31/08/08	On or before 31/12/06	01/09/12 - 31/08/14	01/09/10 - 31/08/12	01/09/08 - 31/08/10	01/01/07 - 31/08/08	On or before 31/12/06
Age Group School Year*	U14G Year 7 & 8	U16G Year 9 & 10	U18W Year 11 & 12	U20W Year 13 & 14	SW n/a	U14B Year 7 & 8	U16B Year 9 & 10	U18M Year 11 & 12	U20M Year 1 & 14	SM n/a
100m										
200m										
300m										
400m										
800m										
1500m										
Shot										
Discus										
Javelin										
Hammer										
Pole Vault										
Long Jump										
Triple Jump										
High Jump										

*School year is a normal indicator but not 100% accurate. The date of birth determines the age group

Due to the popularity of the long jump and javelin last year, we have had to restrict entry numbers for both events. Once the limit has been reached, we will operate a waiting list and notify athletes if a place becomes available. These lists will be closed on the 8th May, to enable all administration to take place prior to the event. Please enter promptly to guarantee your place.

Provisional timetable

TRACK		FIELD	
10:30	200m WC/Frame	10:00	Hammer (all competitors)
10:45	200m Heats	10:00	Triple Jump (all competitors)
11:30	800m	10:15	High Jump (U14 & U16 Min. Starting Height 1.00m)
12:25	200m Finals	11:45	Pole Vault (all competitors)
Track Interval 12:50-13:15		11:45	Discus (U16B, U18M, U20M, SM)
13:20	100m WC/Frame	11:45	Shot (all female competitors)
13:30	100m Heats	12:00	Long Jump (U14B, U16B, U14G, U16G)
14:40	1500m (U18+)	12:45	Javelin (U14B&G, U16G)
15:15	100m Finals	13:15	Shot (all male competitors)
Track Interval 15:25-15:40		13:15	Discus (U14B, U14G, U16G, U18W, U20W, SW)
15:45	300m Finals*	14:00	High Jump (U18, U20 & Seniors)
16:00	400m Finals*	14:30	Javelin (U16B+, U18W+)
16:20	4 x 100m Relays	14:45	Long Jump (U18+) may operate two pools if the field is large.

* Graded time trials, if needed

Please see **important** notes below:

We will do our best to stick closely to this timetable, but it is **dependent on entry numbers**. A final timetable will be available on the Avon AA website ASAP after the closing date for entries. It is your responsibility to check the time of your event and to arrive at least 1 hour prior to this to register and collect your numbers. We reserve the right to withdraw events with only one competitor entered and will refund any entry fees for these events.

We will not be operating a call room, **but we will be registering athletes on arrival** to allow real time seeding of sprint races and better management of field events. All athletes **must** have registered and collected their numbers 60 minutes prior to their event start time. Athletes will not be able to register after this time.

For all field events please report to the event 20 minutes prior to the published event time for warm up, except pole vault which is 45 minutes. For track events please report to the event start area at least 10 minutes prior to the published start time.

Please can adaptive athletes email event.avonaa@outlook.com once they have entered, to enable us to seed races correctly and ensure we have the correct equipment available for field events.

All hurdles events will be held at the Yate Sprints and Hurdles on Sunday 12th April 2026. There will not be any hurdles events on the 10th May. Entries are open at [Sprints & Hurdles Challenge](#).

The U14 & U16 1500m Championships races will be held at the Avon Open meeting at WISE on Tuesday 30th June <https://www.entrycentral.com/festival/3657> This event also incorporates the U11 and U12 Quad Kids Championships. A single Open 5000m race will also be run at this event and will incorporate the Avon Championship for U18s, U20s and Seniors.

Steeplechase (for U14+) and 3000m (for U16+) events are being held at the Somerset County Championships on the 9th May at The Bill Whistlecroft Arena, Yeovil. Somerset will accept Avon entrants in their hurdles events on the 10th May, however this will not form part of the Avon County Championships. Information is available at this link: [Somerset Athletic Association Page 7](#). Entries now open at: <https://meets.rosterathletics.com/public/competitions/details/about?id=26996> Any Masters events at the Somerset County Championships will not be eligible for Avon County Medals, for steeplechase M60+ will run with the Senior Women over the 76.2cm barriers. See note below regarding Avon County Championships Masters event.

Qualification for finals: If 2 heats the 1st 3 from each heat and next 2 fastest on time, if 3 heats the 1st 2 from each heat and next 2 fastest on time and if 4 heats the winners from each heat and next 4 fastest on time.

Maximum number of events is 3 for U14s, U16s and U18s; 5 for U20s; and unlimited for Seniors.

In the horizontal jumps and throws U14, U16 & U18 competitors will be allowed four trials and U20 and Senior competitors will be allowed 6 trials.

Senior Championship medals will only be awarded to athletes using senior weight implements. Masters will be allowed to throw either the senior weight, or the one for their age category. A Masters Open is being held on 28th June at Yate, which incorporates the Avon County Masters Championships. Avon qualified athletes will be able to contend for a Masters County Championship medal, which will be awarded by age category. Entries are now open at this link: <https://meets.rosterathletics.com/public/competitions/details/about?id=28019>

To reflect the change in younger age groups, Avon AA has decided to freeze all Championship Records for age groups U17 and below. U14/16/18 Championship winners will become the record holders for those age groups. **To check athletes relevant age group for the outdoor season please visit this link which provides full details and a handy calculator: [Age Group changes - England Athletics](#)**

We will be holding relay races to end the meeting. Teams can be entered on the day before 12pm by completing and returning the paper form at the registration desk. Payment of £10 cash per team is required on the day when submitting your entry. Late entries will not be allowed but team substitutes can take place. Teams can either be mixed - two boys/men and two girls/women from the same club, or 4 boys/men or 4 girls/women from the same club. The athletes must be from the same age group to compete and can only compete in one team. County Medals will be awarded to the winning teams for each category.

Fees:

U14, U16, U18: £11.00 for first event; £3 for each subsequent event

(Avon AA championship medals will be awarded for first 3 Avon Qualified Athletes)

U20, Senior: £11.00 for first event; £3 for each subsequent event

(Avon AA championship gold medals will be awarded to Avon Qualified Athletes in all events.

Silver will only be awarded if there are three competitors in the event and bronze will only be awarded if there are four or more competitors)

We aim to present medals at intervals during the day. This will only be possible if sufficient help is forthcoming. A lesser option is to have a medals desk where medals may be collected or without help medals will be distributed after the meeting to clubs for their members.

Screenshot of Disclaimer contained within entry portal confirming fitness to compete and compliance with anti-doping requirements.

Event Disclaimer

I agree to abide by UKA rules. I am medically fit to compete and understand that I enter at my own risk and that the organisers will not be held responsible for any injury, illness or damage to me or my property which I may sustain in the course of, or as a result of, any of the athletic events listed.

It is the responsibility of athletes to ensure that they enter only those events in which they are able to compete within the programme timing of the meeting.

An entrant shall be deemed to have made himself/herself/themself, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK.

Check this box to indicate that you agree to all terms of the organisers' event disclaimer.