

TRAVEL



The Cardiff Cross Challenge takes place in Llandaff Fields, just north of Cardiff City Centre. Local rail links, hotels and amenities are located just a short distance from the Course.

By Bicycle

The easiest way to access the venue from the city centre is by bicycle via the Taff Trail and across Pontcanna Fields. Information on bicycle hire in Cardiff can be found on the 'You Well' website; <https://you-well.co.uk/hiring-bikes/#Cardiff>

By Rail

Cardiff is less than two hours from London. High-speed intercity trains link most main cities, airports to Cardiff, The main railway station is at the very centre of the city, with all hotels restaurants and amenities close by.

By Road

From the East (Severn Bridge) – Exit the M4 at junction 29 onto the A48M signposted Cardiff E & S. Continue on the A48M for approx 7 miles. The University Hospital of Wales will be on your right. Follow the signs to the city Centre onto North Road.

From Swansea – Exit the M4 at junction 32, onto the A470. Follow the road signs towards the city centre onto the North Road.

Race Day Parking

We advise competitors not to travel directly by vehicle to the park entrance on Cathedral Road to avoid congestion in the residential area of Pontcanna. This is extremely important because the future of this event relies on us not blocking the Highway.

Please **DO NOT PARK** on the road at Fields Park Road.

There is **NO PARKING** available at the Usual Cardiff Metropolitan University site.

Please use the City's regular parking provisions available as follows;

Sophia Gardens: Parking Lot, Pontcanna, Cardiff CF11 9SZ

North Road: North Road, Cardiff CF10 3DU

Cardiff Civic Centre: King Edward VII Avenue, Cardiff CF103NB

There is also an app where parking can be pre-booked nearby: <https://tinyurl.com/4h4bfjfx>

By Air

Cardiff Wales Airport is around a 30 minute drive from Cardiff and Bristol Airport is around an hour away. Visitors arriving at Heathrow or Gatwick Airport can also travel direct to Cardiff by regular train or coach services (approx 2 hour drive).