Avon, Bristol & West, Yate & District Championship and Open Track & Field Meeting

(Under UKA Rules and Licence No OUT20/235)

Wednesday 20th May 2020

At the Yate Outdoor Sports Complex, Broad Lane, Yate, Bristol, BS37 7LB

6.30	75m	U11G		6.30	Hammer	U13G, U13B, to SW, SM	
6.35	75m	U11B		6.30	Pole Vault	All ages - low as needed	
6.40	70m Hurdles	U13G		6.30	Standing Long Jump	U11G, U11B,	
6.50	75m Hurdles	U13B / U15G		7.00	Long Jump	U13G, U13B,	
6.55	80m Hurdles	U15B/U17W		7.30	High Jump	All ages from U13G, U13B	
7.05	100m Hurdles	U17M/U20W/SW		8.00	Long Jump	U15G, U15B and over	
7.15	110m Hurdles	U20M/SM		8.00	Javelin	U13G, U13B and over	
7.25	600m	U11G					
7.30	600m	U11B		8.00	Vortex Throw	U11B, U11G	
7.40	1500m	U13G, U13B U15G U15B, (Age group including County Championship) U17W/M and above (Graded races)					
8.10	300m/400m	300m: U15G, U15B , U17W 400m: U17 M U20W, U20M SM, SM					
8.40	150m /200m	150m: U13G/U13B. 200m U15G&B and above					
9.20	3,000m	U15 and over (Graded races if needed)					

Notes:

Pre -entry fees for Open Events £7 for first entry plus £3 for each subsequent event. Open event entry on the night £8 for first event and £3 for subsequent events. Pre-entry only will be allowed for Avon County Championship 1500m events for U13 and U15 Girls and Boys.
Under-11s Quad Kids £6 for 75m, 600m, Long Jump and Vortex throw.
Athletes entering on the night must do so at least 40 minutes before their first event start time. U13s/15s/17s will be limited to 3 individual events;

Long Jump: Each athlete will have 4 trials; up to 2 additional trials allowed at the Field Referee's discretion.
Throws: Each athlete will have a minimum of 4 throws, up to 2 additional trials allowed at Field Referee's discretion.
EDM measurement will be used. Electronic timing and photo-finish will be available.

On line entry is at https://www.entrycentral.com/festival/2121

Closing Date for advance entries is 17th May 2020.

Meeting Coordinator – John Robbins at john.robbins73@gmail.com or 07948-304567.