

Avon County AA Championships

(Under UKA Rules)

Sunday 11th May 2025

At the Yate Outdoor Sports Complex, Broad Lane, Yate,
Bristol, BS37 7LB



The Avon County AA Championships will be held on Sunday 11th May 2025 under UKA Rules. Online entries only for the Championships can be made via [Roster Athletics - Avon AA County Championships](#)

The Closing date for entries is Friday 2nd May 2025.
NO LATE ENTRIES WILL BE ACCEPTED.

Eligibility:

For details of the Avon County eligibility criteria please go to <http://www.avon-aa.org.uk/eligible.html>. Any athlete does not meet the eligibility criteria is welcome to enter as a guest but must email event.avonaa@outlook.com to confirm their entry.

Summary of Events

Grey shaded box means that there is no event in this category for your age group.

	01/09/12-01/08/14	01/09/10-31/08/12	01/09/08-31/08/10	01/01/06-31/08/08	On or before 31/12/05	01/09/12-01/08/14	01/09/10-31/08/12	01/09/08-31/08/10	01/01/06-31/08/08	On or before 31/12/05
Age Group School Year*	U13G Year 6 & 7	U15G Year 8 & 9	U17W Year 10 & 11	U20W Year 12 & 13	SW n/a	U13B Year 6 & 7	U15B Year 8 & 9	U17M Year 10 & 11	U20M Year 12 & 13	SM n/a
75m										
100m										
150m										
200m										
300m										
400m										
800m										
1500m										
Shot										
Discus										
Javelin										
Hammer										
Pole Vault										
Long Jump										
Triple Jump										
High Jump										

*School year is a normal indicator but not 100% accurate. The date of birth determines the age group

Due to the popularity of the long jump and javelin last year, we have had to restrict entry numbers for both events. Once the limit has been reached, we will operate a waiting list and notify athletes if a place becomes available. These lists will be closed on the 9th May, to enable all administration to take place prior to the event. Please enter promptly to guarantee your place.

Provisional timetable

TRACK		FIELD
10:00	800m	10:00 Hammer (all competitors)
11:05	75m/100m Heats	10:00 Long Jump (U13B, U15B, U13G, U15G)
11:45	100m WC/Frame	10:15 High Jump (U13 & U15 Min. Starting Height 1.00m)
11:55	300m Heats	11:45 Pole Vault (all competitors)
12:05	400m Heats	11:45 Discus (U15B, U17M, U20M, SM)
12:15	150m/200m Heats	11:45 Shot (all female competitors)
12:40	200m WC/Frame	12:30 Triple Jump (all competitors)
Track Interval 12:50-13:30		12:45 Javelin (U13B&G, U15G)
13:30	75m/100m Finals	13:15 Shot (all male competitors)
14:00	1500M (U17,U20,SM,SW)	13:15 Discus (U13B, U13G, U15G, U17W, U20W, SW)
14:30	150m/200m Finals	14:00 High Jump (U17, U20 & Seniors)
14:40	300m Finals	14:00 Javelin (U15B+, U17W+)
14:50	400m Finals	14:45 Long Jump (U17M,U20M,SM,U17W,U20W,SW) may
15:00	4 x 100m Relays	operate two pools if the field is large.

Please see **important** notes below:

We will do our best to stick closely to this timetable, but it is **dependent on entry numbers**. A final timetable will be available on the Avon AA website ASAP after the closing date for entries. It is your responsibility to check the time of your event and to arrive at least 1 hour prior to this to register and collect your numbers. We reserve the right to withdraw events with only one competitor entered and will refund any entry fees for these events.

We will not be operating a call room, but for the first time **will be registering athletes on arrival** to allow real time seeding of sprint races and better management of field events. All athletes **must** have registered and collected their numbers 60 minutes prior to their event start time. Athletes will not be able to register after this time.

For all field events please report to the event 20 minutes prior to the published event time for warm up, except pole vault which is 45 minutes. For track events please report to the event start area at least 10 minutes prior to the published start time.

Please can adaptive athletes email event.avonaa@outlook.com once they have entered, to enable us to seed races correctly and ensure we have the correct equipment available for field events.

All hurdles events will be held at the Yate Sprints and Hurdles on Sunday 13th April 2025. There will not be any hurdles events on the 11th May. Entries available at: [Sprints & Hurdles Challenge](#)

The U13 & U15 1500m Championships races are likely to be held at an Avon Open meeting at WISE at a date yet to be determined. It is intended that this event also incorporates the Quad kids Championships.

Steeplechase and 3000m events are being held at the Somerset County Championships scheduled for the 10th and 11th May at The Bill Whistlecroft Arena, Yeovil. Please see this link for the entry information: [2025 GUIDANCE NOTES version 2.docx](#) Masters events are also being held, but entrants will not be eligible for Avon County Medals, for steeplechase M60+ will run with the Senior Women over the 76.2cm barriers. See note below regarding Avon County Championships Masters event.

Qualification for finals: If 2 heats the 1st 3 from each heat and next 2 fastest on time, if 3 heats the 1st 2 from each heat and next 2 fastest on time and if 4 heats the winners from each heat and next 4 fastest on time.

Maximum number of events is 3 for U13s, U15s and U17s; 5 for U20s; and unlimited for Seniors.

In the horizontal jumps and throws U13, U15 & U17 competitors will be allowed four trials and U20 and Senior competitors will be allowed 6 trials.

Championship medals will only be awarded to athletes using senior weight implements. Masters will be allowed to throw either the senior weight, or the one for their age category. A Masters Open is being held on 8th June at Yate, which incorporates the Avon County Masters Championships. Avon qualified athletes will be able to contend for a Masters County Championship medal, which will be awarded by age category. Online entries will open in March at this link: <https://meets.rosterathletics.com/public/competitions/details/about?id=26241>

We will be holding relay races to end the meeting. Teams can be entered on the day before 12pm by completing and returning the paper form at the registration desk. Payment of £10 cash per team is required on the day when submitting your entry. Late entries will not be allowed but team substitutes can take place. Teams can either be mixed - two boys/men and two girls/women from the same club, or 4 boys/men or 4 girls/women from the same club. The athletes must be from the same age group to compete and can only compete in one team. County Medals will be awarded to the winning teams for each category.

Fees:

U13, U15, U17: £10.50 for first event; £3 for each subsequent event
(Avon AA championship medals will be awarded for first 3 Avon Qualified Athletes)
U20, Senior: £10.50 for first event; £3 for each subsequent event
(Avon AA championship gold medals will be awarded to Avon Qualified Athletes in all events. Silver will only be awarded if there are three competitors in the event and bronze will only be awarded if there are four or more competitors)

We aim to present medals at intervals during the day. This will only be possible if sufficient help is forthcoming. A lesser option is to have a medals desk where medals may be collected or without help medals will be distributed after the meeting to clubs for their members.

Screenshot of Disclaimer contained within entry portal confirming fitness to compete and compliance with anti-doping requirements.

Event Disclaimer

I agree to abide by UKA rules. I am medically fit to compete and understand that I enter at my own risk and that the organisers will not be held responsible for any injury, illness or damage to me or my property which I may sustain in the course of, or as a result of, any of the athletic events listed.

It is the responsibility of athletes to ensure that they enter only those events in which they are able to compete within the programme timing of the meeting.

An entrant shall be deemed to have made himself/herself/themselves, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK.

☐ Check this box to indicate that you agree to all terms of the organisers' event disclaimer.