



Westbury Harriers proudly present



The TrustFord *Westbury Wipeout* 2021

7:15pm Monday 5th July 2021. Blaise Castle Estate, Henbury, Bristol

The **TrustFord Westbury Wipeout** is a challenging multi terrain adventure run for juniors age 10 to 15, taking them on a tour of the woods, streams and hills of the Blaise Castle Estate. The event is 3k long, and includes a long downhill section, some scrambling up banks and slopes, and plenty of splashing through water and across mud, rocks, roots and steps. Survivors will have to overcome 'Roman Ramparts', the 'Decent of Doom', 'Shark Lagoon', 'Ditch of Destruction', 'Crocs Leap', 'Hills of Torment', 'Trolls Bridge' and a final 'Cataclysmic Climb'.

The event is a fun run, with the emphasis is on adventure and challenge, and no individual prizes. All participants will receive a T shirt printed especially for the event. Please read the '[Instructions for Participants](#)' including the '[Be Water Aware](#)' health advice card before entering the event.

Because of the ongoing Covid-19 pandemic, this year's event will be slightly different

- There will be fewer places (250) and no run for under 10s.
- Runners will be set off in waves of 15 around a slightly different course, and there are no finishers medals or results, just the pride in taking part!
- We ask that only one supporter per family or group attend the event, and this person should be vaccinated against Covid-19 if possible.
- Full details on event procedures will be contained in the '[Instructions for Participants](#)', which may be updated nearer the time.
- According to government guidelines at the time these changes may become stricter or looser.
- We have designed this year's event so that it can go ahead under the current (step 3) restrictions, so we are not dependent on any further easing. Cancellation of the event is unlikely, but not impossible.

Entries (£7.50) are made online via the Run Britain website: www.runbritain.com. Click on 'Races' and enter keyword 'Wipeout'. The closing date is *when the entry limit of 250 is reached* (usually all places are taken up very quickly) or 1/7/21 at the latest. *Please enter early to avoid disappointment*

This year an event T shirt and your race number will be sent to you before the event. Please ensure that you state the correct chest size (in cm) when entering, as we cannot change T shirts.

Please note that the maximum age is 15, and parents cannot run. As well as many marshals along the route, selected runners are embedded to ensure smooth running and the safety of participants.

Under UK Athletics Rules, Licence No. 2021-41894. Minimum age 10, maximum age 15.

Due to the nature of the terrain, the event is unsuitable for wheelchair users or running spikes.

Medical Cover - Level 1 (Basic First Aid)

Entry Fee - £7.50 in advance. Race Limit – 250 entrants

Race Director – Neil Miller (manager.boys@westburyharriers.co.uk)

*For further information phone Neil Miller 0117 9514 097 (please leave a message) or see
www.westburyharriers.co.uk (tab Events | Westbury Wipeout)*

UKA Guidance for entrants - Entrants should be advised that they are responsible for their own safety before, during and after competition. This includes the wearing of suitable clothing and footwear as appropriate for the conditions. Runners should have an up-to-date tetanus injection. Race Numbers must not be mutilated or for safety reasons transferred to another participant.