



# S&C for the JUMPS Events

**Wed 3<sup>rd</sup> Nov in Bath**

**Part of the Avon Network Coach Development Programme**

A brief review of the principles involved, and then a more practical session looking at some ideas of S&C for the Jumps events. This session is aimed at Coaches of all levels (and events) as well as interested parents. If coaches want to bring an athlete to take part in the practical work please let me know. .



**Wednesday 3<sup>rd</sup> Nov 2010 at 7.30pm**

**Jumps Hall, Sports Training Village, University of Bath, Claverton Down, Bath BA2 7AY**



Please email Tim Snowdon on [timothy.snowdon@uwe.ac.uk](mailto:timothy.snowdon@uwe.ac.uk) to reserve a place.



**England Athletics Local Coach Development Programme**  
supporting your development as  
a coach according to your needs