

Avon T&F League Quadkids Best Individual Performances

Girls		Name	Club	Performance	Date	
	75m					
		1	Isabelle Walkey	South Glos AC	10.8	01/07/18
		2=	Megan Dunsby	Yate & District	10.9	09/07/17
		2=	Phoebe Havard	Yate & District	10.9	13/09/17
		2=	Sienna Thomas	Gloucester	10.9	14/07/19
		5=	Lily Bailey	Bristol & West AC	11.0	12/07/15
		5=	Millie Rosenior	North Somerset	11.0	13/09/15
		5=	Arisa Burgess	Yate & District	11.0	01/07/18
		5=	Amari Cambridge	Gloucester	11.0	01/08/21
		9=	Lauren Powell	North Somerset	11.1	14/09/14
		9=	Willa Gibb	Yate & District	11.1	10/08/14
		9=	Maisy Laddle	Bristol & West AC	11.1	13/09/15
		9=	Emma Lovell	Bristol & West AC	11.1	11/09/16
		9=	Verity Ainsworth	Forest of Dean	11.1	11/08/19
		9=	Scarlett Smith	Bristol & West AC	11.1	21/08/22
		9=	Annabel House	North Somerset	11.1	25/06/23
		9=	Isabelle Marr	North Somerset	11.1	25/06/23
		9=	Rosie Wakefield-Paul	North Somerset	11.1	25/06/23

600m						
		1	Isabelle Marr	North Somerset	1.55	25/06/23
		2=	Catlin Keyte	North Somerset	1.57	12/07/15
		2=	Lily Bailey	Bristol & West AC	1.57	13/09/15
		2=	Holly Sanigar	Bitton RR	1.57	09/09/18
		2=	Scarlett Smith	Bristol & West AC	1.57	10/07/22
		6=	Seren Jones	Gloucester AC	1.58	31/07/16
		6=	Emma Champion	Yate & District	1.58	11/09/16
		6=	Holly Massey-Jones	Bristol & West AC	1.58	14/07/19
		6=	Estelle Lowe	Yate & District	1.58	11/08/19
		6=	Abigail House	North Somerset	1.58	25/06/23

Standing LJ						
		1=	Martha Barratt	Bristol & West AC	2.14	30/07/17
		1=	Isabelle Walkey	South Glos AC	2.14	01/07/18
		3	Rosa Ford	North Somerset	2.10	09/07/17
		4=	Sophie Jones	Team Bath AC	2.09	13/08/17
		4=	Amy Nolan	Yate & District AC	2.09	01/07/18
		6	Natasha Richardson	Yate & District AC	2.08	01/07/18
		7	Dolshaye Bennett	Bristol & West AC	2.06	11/09/16
		8=	Ula Muhammed	Gloucester AC	2.03	01/07/18
		8=	Tiana Mann	South Glos AC	2.03	01/07/18
		10=	Tamara Jackson	Bristol & West AC	2.00	10/07/16
		10=	Livi Sherlock	North Somerset AC	2.00	15/07/18

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Howler Throw				
1	Jorja Tucker	Team Bath AC	37.70	15/07/18
2	Martha Barratt	Bristol & West AC	37.20	13/08/17
3	Tillie Westwood	Forest of Dean	31.03	14/09/14
4	Lucy Barnes	North Somerset AC	30.30	17/09/23
5	Rula Francis	Bristol & West AC	29.61	12/08/18
6	Alice Keyte	North Somerset	28.70	02/08/15
7	Arisa Burgess	Yate & District AC	28.03	09/09/18
8	Phoebe Havard	Yate & District AC	27.40	09/07/17
9	Eve Snow	Bristol & West AC	26.90	13/09/15
10	Tian Harris	Bristol & West AC	26.72	13/08/17