

AVON TRACK & FIELD LEAGUE – QUADKIDS 2016

OFFICIATING DUTIES

LEAD COORDINATOR – HILARY NASH

PROVISION OF OFFICIALS/HELPERS

Each Club is required to provide 2 officials/helpers who should report by 10.30am at the latest to Hilary Nash. Duties can then be allocated, agreed and equipment provided.

MATCH 1 & 3			
11.30	Girls	Standing Long Jump	Yate & District, Gloucester & Team Bath
12.35	Girls	Howler Throw	form 2 judging teams of 3 people
11.45	Boys	Standing Long Jump	One team for the two girls events and the
12.40	Boys	Howler Throw	other for the boys events
			Forest of Dean, Bristol & West. Bitton
11.00	Girls	75m	and North Somerset
11.15	Boys	75m	form groups to cover Race finish order (3),
12.20	Girls	600m	timing (3) and race start marshalling (2) as well as
12.25	Boys	600m	forming extra judging teams for the field events
MATCH 2 & 4			
			Forest of Dean, Bristol & West. Bitton
11.00	Girls	Standing Long Jump	and North Somerset
12.00	Girls	Howler Throw	form 2 judging teams of 3 people
11.15/11.00	Boys	Standing Long Jump	One team for the two girls events and the
12.20	Boys	Howler Throw	other for the boys events
11.30	Girls	75m	Yate & District, Gloucester & Team Bath
11.45	Boys	75m	form groups to cover Race finish order (3),
12.50	Girls	600m	timing (3) and race start marshalling (2) as well as
12.55	Boys	600m	forming extra judging teams for the field events

In 2015 we formed two pools for field events so that the event could be completed before the start time of the athletes following event. We do have to keep to the track race times.

TRACK & FIELD STATIONERY

The lead coordinator will provide field cards and track stationery for all four meetings. Completed field cards and race results slips from the first events should be passed to the Quadkids Meeting Recorder. After the second event is completed field cards and race results slips should be passed to the Quadkids Meeting Recorder and the clipboards, pens etc returned to Hilary Nash

EQUIPMENT

Both events will require marking tape to delineate the line from which the athlete jumps or throws. The Howler throw will require a supply of howlers (Hilary Nash providing a new supply); the Field Referee will arrange for spikes, measuring tapes etc. to be at the event sites. Please leave the Long Jump equipment at the pits; please return all Howler equipment to the equipment shed or (if locked) leave it close to the Shot circle.

EVENT RECORDING

The host club will be responsible to arrange for the Quadkids results to be recorded and results published. It may be that Dave Lucas will fulfil this role but that needs to be clarified by the host club

to ensure arrangements are made. The location for the recorder needs to be clear at the start of the meeting.

RACES

Hilary Nash will check and make sure lines are in place for the 75m races which will be run on the back straight.

The sprint races will be limited to 6 runners so that each timekeeper may be expected to time two positions ie 1st and 4th, 2nd and 5th and 3rd and 6th. The 600m races should be recorded on watches capable of recording all finishers which could be 35 runners at worst.

The track (finishing order) judges will record the competitors numbers on the race slip in the order the judges agree. The lead timekeeper will record the agreed times on the same slip. After the series of races the slips will be passed to the Quadkids Match recorder.

The 600m races in 2016 will start at the 200m start and finish on the home straight. The 600m races may be started by the meeting starter with a gun shot whereas the 75m races will be started using a clapper board.

FIELD EVENTS

An official will control the event from the field card. Initially listing the athletes by competitor number, full name and club. It is best to line the athletes up in competing order so that the event runs smoothly. There is no need to rank the final results in order of performance.

The standing long jump must be from behind a defined line using tape if necessary. The area should be brushed clear of loose material. The other two officials will observe the attempts. The attempts are from three different positions across the sand pit so that it is only necessary to identify and measure the best distance achieved by a pair of feet. It is the shortest distance of the best pair that counts. If in doubt check with other landings and record the best. The sand may then be raked level for the next competitor. Athletes must leave the pit forward of where they land. Stepping closer to the take off line invalidates the attempt. Measure from the rear edge of the take off line to the landing mark closest to the take off line. It could be a mark made by feet, bottom, hand or unusually another part of the body. Record the distance to the nearest whole centimetre.

The howler throw is best run similarly to the long jump but do allow each competitor one practice throw then three consecutive throws. Spot but measure only the longest throw. If in doubt be prepared to measure more than one throw to determine the best effort. A short run up is allowed. The howler should be thrown with the release above shoulder height. A discus type sling from below shoulder height is not allowed. Athletes should be given the opportunity to take the attempt again using a throw technique. A cricket style bowling action with a straight arm is also not a permitted technique. Exercise consistency without causing distress. It may be prudent to * suspect technique and speak to the athlete before they leave the competition area.

Please keep spectators away from the athletes. Do enlist more help from parents as an extra pair of hands for the howler throw collecting and retuning howlers would be helpful.

ATHLETE NUMBERS

The team manager should provide the Match Recorder with a boys list and a girls list noting full names, date of birth, number allocated from the Club's 3 digit range prescribed in the League Handbook. The Match Recorder may require this information in advance of the Sunday in a prescribed format.