

AVON T&F LEAGUE

2023 ROUND 1 (21st May, Yate) 2023 ROUND 3 (6th August, Gloucester)

U11 BOYS

Howler Throw	9.00
75m	9.30
Long Jump	10.00
600m	10.30

U13 BOYS

Shot	11.00
75 Hurdles	11.10
Long Jump	11.50
Discus	12.10
100m	1.25
800m	2.10
4 x100m Relay 2 Boys	3.10

U15 BOYS

80m Hurdles	11.20
Pole Vault	12.00
Discus	12.10
100m	1.10
Long Jump	2.20
800m	2.20
Shot	2.20
4x100m Relay	3.20

U17 MEN

100m Hurdles	11.30
Pole Vault	12.00
100m	12.55
Discus	1.10
Long Jump	1.30
Shot	2.20
800m	2.30
200m	3.40
4 x 100m relay	4.10

SENIOR & MASTERS MEN

110m Hurdles	11.40
Pole Vault	12.00
Shot	12.00
100m * (includes Masters)	12.40
Discus	1.10
Long Jump	1.30
800m	2.40
200m	3.30
4x100m Relay	4.10

WHEELCHAIR/PARA ATHLETES MALE

100m (all categories)	1.45
400m (all categories)	3.00

U11 GIRLS

75m	9.00
Howler Throw	9.30
Long Jump	9.50
600m	10.20

U13 GIRLS

70m Hurdles	11.00
1200m	11.45
High Jump	12.00
100m	1.35
Javelin	3.10
4 x100m Relay 2 Girls	3.10

U15 GIRLS

Hammer	11.00
75m Hurdles	11.05
Pole Vault	12.00
1500m	12.15
100m	1.10
High Jump	2.00
Javelin	3.10
Triple Jump	3.10
300m	3.50

U17 WOMEN

Hammer	11.00
80m Hurdles	11.15
Pole Vault	12.00
1500m	12.05
100m	12.55
High Jump	2.00
Javelin	2.10
Triple Jump	3.10
300m	4.00

SENIOR & MASTERS WOMEN

Hammer	11.00
100m Hurdles	11.25
1500m * (includes Masters)	11.55
Pole Vault	12.00
100m * (includes Masters)	12.40
High Jump	2.00
Javelin	2.10
Triple Jump	3.10
400m	4.00

WHEELCHAIR/PARA ATHLETES FEMALE

100m (all categories)	1.45
400m (all categories)	3.00