## **AVON T&F LEAGUE**

## 2023 ROUND 2 (25th June, Yate) 2023 ROUND 4 (17th September, Yate)

U11 BOYS		U11 GIRLS	
Howler Throw	9.00	75m	9.00
75m	9.30	Howler Throw	9.30
Long Jump	10.00	Long Jump	9.50
600m	10.30	600m	10.20
U13 BOYS		U13 GIRLS	
75m	12.20	Discus	11.00
Javelin	1.40	75m	12.30
1200m	1.10	Shot	1.20
High Jump	2.10	200m	1.50
200m	2.40	Long Jump	2.10
4 x100m Relay 2 Boys	3.10	4 x100m Relay 2 Girls	3.10
		800m	4.10
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U15 BOYS	11.50	U15 GIRLS	11.00
100m	11.50	Discus	11.00
High Jump	11.50	100m	11.50
Hammer	12.00	Long Jump	1.20
1500m	1.40	Shot	2.10
Javelin	1.40	200m	2.30
200m	2.00	800m	4.00
300m	3.00	4 x100m Relay	4.20
Triple Jump	3.10		
U17 MEN		U17 WOMEN	
U17 MEN 400m Hurdles	11 10	U17 WOMEN 300m Hurdles	11 00
400m Hurdles	11.10 11.35	300m Hurdles	11.00 11.00
400m Hurdles 100m	11.35	300m Hurdles Shot	11.00
400m Hurdles 100m High Jump	11.35 11.50	300m Hurdles Shot 100m	11.00 11.35
400m Hurdles 100m High Jump Hammer	11.35 11.50 12.00	300m Hurdles Shot 100m Long Jump	11.00 11.35 12.20
400m Hurdles 100m High Jump Hammer 1500m	11.35 11.50 12.00 1.30	300m Hurdles Shot 100m Long Jump 200m	11.00 11.35 12.20 2.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump	11.35 11.50 12.00 1.30 3.10	300m Hurdles Shot 100m Long Jump 200m Discus	11.00 11.35 12.20 2.20 2.40
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m	11.35 11.50 12.00 1.30 3.10 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m	11.00 11.35 12.20 2.20 2.40 3.40*
400m Hurdles 100m High Jump Hammer 1500m Triple Jump	11.35 11.50 12.00 1.30 3.10	300m Hurdles Shot 100m Long Jump 200m Discus	11.00 11.35 12.20 2.20 2.40
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN	11.35 11.50 12.00 1.30 3.10 3.30 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON	11.00 11.35 12.20 2.20 2.40 3.40* 4.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles	11.35 11.50 12.00 1.30 3.10 3.30 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot	11.00 11.35 12.20 2.20 2.40 3.40* 4.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN	11.35 11.50 12.00 1.30 3.10 3.30 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles	11.00 11.35 12.20 2.20 2.40 3.40* 4.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles	11.35 11.50 12.00 1.30 3.10 3.30 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters)	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.10	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters)	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.30 11.15 11.20 11.50 12.50	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20 12.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters)	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.10 11.15 11.20 11.50 12.50 1.20	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 <b>MEN</b> 11.00 11.05 11.20 12.20 2.10
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters) 400m	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.10 11.15 11.20 11.50 12.50 1.20 3.20	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m Discus	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20 12.20 2.10 2.40
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters) 400m Triple Jump	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.30 11.15 11.20 11.50 12.50 1.20 3.20 3.10 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m Discus 800m	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20 12.20 2.10 2.40 3.40* 4.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters) 400m Triple Jump Javelin  WHEELCHAIR/PARA ATE	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.30 11.15 11.20 11.50 12.50 1.20 3.20 3.10 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m Discus 800m 4x100m Relay  WHEELCHAIR/PARA ATH	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20 12.20 2.10 2.40 3.40* 4.20
400m Hurdles 100m High Jump Hammer 1500m Triple Jump 400m Javelin  SENIOR & MASTERS MEN 400m Hurdles 100m * (includes Masters) High Jump Hammer 1500m * (includes Masters) 400m Triple Jump Javelin	11.35 11.50 12.00 1.30 3.10 3.30 3.30 3.30 11.15 11.20 11.50 12.50 1.20 3.20 3.10 3.30	300m Hurdles Shot 100m Long Jump 200m Discus 800m 4 x 100m Relay  SENIOR & MASTERS WON Shot 400m Hurdles 100m * (includes Masters) Long Jump 200m Discus 800m 4x100m Relay	11.00 11.35 12.20 2.20 2.40 3.40* 4.20 MEN 11.00 11.05 11.20 12.20 2.10 2.40 3.40* 4.20 ILETES FEMALE

Non-Scoring Pole Vault: Timed at 12.00pm: if this event is required, it is to be set up, officiated and put away by the Pole Vault community.

Womens 800m. The U17 and Senior women report for a race scheduled for 3.40 but separate races may be run. SW +WU17 at 3.40 or SW at 3.40 and WU17 at 3.50.